Training course on Social Protection for Older Persons and Ageing Societies

Professional Development Training Course Outline

Category	Social Protection	**Duration**	5 Days
Base Fee	$1,500 USD	**Delivery Mode**	Online / On-site Hybrid

Course Introduction

Social Protection for Older Persons and Ageing Societies is a crucial and growing area of focus, addressing the demographic shift towards an older global population and the unique vulnerabilities and needs that accompany ageing. Older persons often face challenges such as income insecurity in retirement, rising healthcare costs, limited access to care services, and social isolation. Designing and implementing comprehensive and equitable social protection systems that cater to the diverse needs of older persons is essential not only for ensuring their dignity and well-being but also for fostering intergenerational solidarity and sustainable societal development. This specialized field moves beyond traditional pension schemes to encompass a broader range of contributory and non-contributory instruments, care services, and active ageing policies that promote healthy, secure, and dignified lives for older generations. Training Course on Social Protection for Older Persons and Ageing Societies is meticulously designed to equip with the advanced theoretical insights and intensive practical tools necessary to excel in Social Protection for Older Persons and Ageing Societies. We will delve into the foundational concepts of population ageing and its socio-economic implications, master the intricacies of designing age-inclusive social protection interventions, and explore cutting-edge approaches to pension reform, long-term care systems, and digital delivery. A significant focus will be placed on understanding legal and policy frameworks, fostering multi-stakeholder dialogue, ensuring gender-responsive and inclusive programming, and navigating the practical challenges of extending coverage and ensuring adequacy of benefits in diverse contexts. By integrating interdisciplinary perspectives, analyzing real-world complex case studies, and engaging in hands-on design and simulation exercises, attendees will develop the strategic acumen to confidently champion and implement social protection for older persons, fostering unparalleled security, dignity, and active ageing.

Programme Curriculum

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Course Objectives

Upon completion of this course, participants will be able to:

1. Analyze the fundamental concepts of **population ageing and its socio-economic implications** for social protection.
2. Comprehend the **vulnerabilities and specific social protection needs** of older persons.
3. Master the principles and components of **comprehensive social protection systems for older persons**.
4. Develop expertise in designing and implementing **age-inclusive contributory and non-contributory pension schemes**.
5. Formulate strategies for developing and financing **long-term care systems and services** for older persons.
6. Understand the critical role of **health protection and access to healthcare** for older persons.
7. Implement robust approaches to **data collection, monitoring, and evaluation** for older persons' social protection.
8. Explore key **policy, legal, and institutional frameworks** for promoting the rights of older persons (e.g., Madrid International Plan of Action on Ageing).
9. Apply methodologies for ensuring **gender-responsive and inclusive approaches** in social protection for older persons.
10. Develop strategies for fostering **multi-stakeholder coordination and partnerships** for active and healthy ageing.
11. Analyze the **challenges and opportunities** of extending social protection to older persons in diverse contexts.
12. Design a preliminary **social protection strategy** for older persons in a specific country.

13. Examine **global best practices and lessons learned** from successful initiatives in social protection for older persons.

Target Audience

This course is essential for professionals working on social protection and ageing issues:

1. **Social Protection Policymakers & Program Managers:** Designing and implementing social security systems.
2. **Gerontologists & Ageing Specialists:** Focusing on the well-being and rights of older persons.
3. **Health Sector Professionals:** Involved in healthcare planning for older populations.
4. **Labor Market Specialists:** Addressing issues of retirement, employment, and older workers.
5. **Government Officials:** From ministries of social welfare, health, finance, and planning.
6. **UN Agency Representatives:** From WHO, ILO, UNDESA, UNFPA.
7. **Civil Society Organizations:** Advocating for older persons' rights.
8. **Researchers & Policy Analysts:** Studying population ageing and social protection.

Course Duration: 5 Days

Course Modules

Module 1: Understanding Population Ageing and its Implications

- Define population ageing: demographic trends, causes, and global context.
- Analyze the socio-economic implications of ageing societies (e.g., labor markets, healthcare systems, fiscal sustainability).
- Discuss the diverse experiences of older persons (e.g., urban/rural, gender, disability, income levels).
- Explore the concept of active and healthy ageing.
- Overview of international frameworks and commitments related to ageing (e.g., Madrid International Plan of Action on Ageing).

Module 2: Vulnerabilities and Social Protection Needs of Older Persons

- Identify the specific vulnerabilities faced by older persons: income insecurity, health shocks, social isolation, care needs.
- Discuss the social protection gaps for older persons, particularly in informal economies and rural areas.
- Comprehend the strategic importance of social protection in ensuring dignity and well-being in old age.
- Analyze the role of social protection in fostering intergenerational solidarity and cohesion.
- Case studies illustrating the challenges and needs of older persons in diverse contexts.

Module 3: Contributory Pension Schemes for Older Persons

- Explore various models of contributory pension schemes (e.g., defined benefit, defined contribution).
- Discuss challenges in extending coverage to informal workers and ensuring adequacy of benefits.
- Strategies for pension reform to ensure fiscal sustainability and intergenerational equity.
- Analyzing the role of social insurance in providing income security in old age.
- Case studies of successful pension reforms and coverage extension

Module 4: Non-Contributory Social Pensions and Social Assistance

- Design and implementation of non-contributory social pensions (universal or targeted) for older persons.

- Discuss the role of social assistance programs in providing a basic social protection floor for the poorest older persons.
- Strategies for effective targeting and identification of vulnerable older persons.
- Analyzing the impact of non-contributory pensions on poverty reduction and well-being.
- Case studies of successful non-contributory pension programs globally.

Module 5: Long-Term Care Systems and Services for Older Persons

- Define long-term care (LTC): home-based, community-based, and institutional care.
- Discuss the growing demand for LTC services in ageing societies and associated challenges.
- Strategies for developing and financing sustainable LTC systems (e.g., social insurance, public funding).
- Exploring the role of social protection in supporting caregivers and addressing the care economy.
- Case studies of innovative LTC models and policies.

Module 6: Health Protection and Access to Healthcare for Older Persons

- The importance of universal health coverage and accessible healthcare for older persons.
- Discuss specific health needs of older persons (e.g., chronic diseases, geriatric care).
- Strategies for integrating health services with social protection programs for older persons.
- Addressing barriers to access: affordability, physical accessibility, ageism in healthcare.
- Exploring health promotion and disease prevention strategies for active ageing.

Module 7: Data, Monitoring, and Evaluation for Older Persons' Social Protection

- Methodologies for collecting age-disaggregated data on social protection coverage and outcomes.
- Developing indicators to track the well-being and inclusion of older persons.
- Discuss challenges in data collection from older persons, especially those with disabilities or in remote areas.
- Strategies for ensuring ethical data collection and privacy.
- Using M&E findings to inform policy adjustments and program improvements.

Module 8: Policy, Legal, and Institutional Frameworks for Ageing Societies

- Identifying and analyzing national policies and legal frameworks that protect the rights of older persons.
- Discussing the alignment of national social protection policies with international ageing frameworks.
- Strengthening institutional mandates and capacities for age-inclusive social protection.
- Advocating for comprehensive national strategies on ageing and social protection.
- Exploring multi-sectoral coordination mechanisms for active and healthy ageing.

Training Methodology

- **Interactive Workshops:** Facilitated discussions, group exercises, and problem-solving activities.
- **Case Studies:** Real-world examples to illustrate successful community-based surveillance practices.
- **Role-Playing and Simulations:** Practice engaging communities in surveillance activities.
- **Expert Presentations:** Insights from experienced public health professionals and community leaders.
- **Group Projects:** Collaborative development of community surveillance plans.
- **Action Planning:** Development of personalized action plans for implementing community-based surveillance.
- **Digital Tools and Resources:** Utilization of online platforms for collaboration and learning.
- **Peer-to-Peer Learning:** Sharing experiences and insights on community engagement.

- **Post-Training Support:** Access to online forums, mentorship, and continued learning resources.

Register as a group from 3 participants for a Discount

Send us an email: info@fineskilltrainingcenter.org or call +254769199797

Certification

Upon successful completion of this training, participants will be issued with a globally recognized certificate.

Tailor-Made Course

We also offer tailor-made courses based on your needs.

Key Note

- Participants must be conversant in English.
- Upon completion of training, participants will receive an Authorized Training Certificate.
- The course duration is flexible and can be modified to fit any number of days.
- Course fee includes facilitation, training materials, 2 coffee breaks, buffet lunch, and a Certificate upon successful completion.
- One-year post-training support, consultation, and coaching provided after the course.
- Payment should be made at least a week before the training commencement to Fineskill Training Center account, as indicated in the invoice, to enable better preparation.

Upcoming Scheduled Sessions

Start Date	End Date	Location	Price
23 Nov 2026	27 Nov 2026	Online	$1,000
23 Nov 2026	27 Nov 2026	Physical	$1,500
23 Nov 2026	27 Nov 2026	Physical	$3,000
23 Nov 2026	27 Nov 2026	Physical	$3,000
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$4,500
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$6,000

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