Training course on Social Protection for Adolescents and Life Transitions

Professional Development Training Course Outline

Category	Social Protection	**Duration**	5 Days
Base Fee	$1,500 USD	**Delivery Mode**	Online / On-site Hybrid

Course Introduction

Social Protection for Adolescents and Life Transitions is a critical and often underserved area, addressing the unique vulnerabilities and opportunities that arise during the pivotal adolescent years (typically ages 10-19) and the crucial transitions to adulthood. Adolescence is a period of rapid physical, cognitive, and social development, but also a time of heightened risk, including school dropout, early marriage, adolescent pregnancy, HIV/AIDS, mental health challenges, and difficulties in accessing decent work. Social protection systems, when designed to be age-sensitive and integrated with complementary services, can play a transformative role in supporting adolescents through these transitions, protecting them from harm, building their human capital, and enabling them to realize their full potential. This specialized field focuses on designing and implementing social protection solutions that recognize the diverse needs and aspirations of adolescents, promoting their agency, resilience, and successful entry into productive adulthood. Training Course on Social Protection for Adolescents and Life Transitions is meticulously designed to equip with the advanced theoretical insights and intensive practical tools necessary to excel in Social Protection for Adolescents and Life Transitions. We will delve into the foundational concepts of adolescent development and risk, master the intricacies of designing age-sensitive social protection interventions, and explore cutting-edge approaches to targeting, linking with education, health, and livelihood services, and fostering adolescent participation. A significant focus will be placed on understanding legal and policy frameworks, fostering multi-sectoral coordination, ensuring gender-responsive and inclusive programming, and navigating the practical challenges of implementing adolescent-focused initiatives in diverse contexts. By integrating interdisciplinary perspectives, analyzing real-world complex case studies, and engaging in hands-on design and simulation exercises, attendees will develop the strategic acumen to confidently champion and implement social protection for adolescents, fostering unparalleled empowerment, well-being, and successful transitions.

Programme Curriculum

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Course Objectives

Upon completion of this course, participants will be able to:

1. Analyze the fundamental concepts of **adolescent development, key life transitions, and associated vulnerabilities**.
2. Comprehend the strategic importance and potential of **social protection in supporting adolescents** and facilitating positive transitions.
3. Master the design and implementation of diverse **social protection instruments** tailored for adolescents and their families.
4. Develop expertise in **identifying, targeting, and engaging adolescents** effectively and ethically.
5. Formulate strategies for effectively **linking social protection with education, health, and livelihood services** for adolescents.
6. Understand the critical role of social protection in **addressing adolescent-specific protection risks** (e.g., child marriage, GBV).
7. Implement robust approaches to **data management, monitoring, and evaluation** for adolescent-focused social protection.
8. Explore key **policy, legal, and institutional frameworks** that support adolescent social protection.
9. Apply methodologies for ensuring **gender-responsive and inclusive approaches** in adolescent programming.

10. Develop strategies for fostering **multi-sectoral coordination and partnerships** for comprehensive adolescent development.
11. Analyze the **challenges and opportunities** of implementing social protection for adolescents in diverse contexts.
12. Design a preliminary **social protection strategy** for adolescents and life transitions in a specific context.
13. Examine **global best practices and lessons learned** from successful social protection initiatives for adolescents.

Target Audience

This course is essential for professionals working on social protection and adolescent development:

1. **Social Protection Policymakers & Program Managers:** Designing and implementing social safety nets.
2. **Youth Development Specialists:** Focusing on adolescent empowerment and well-being.
3. **Education Professionals:** Linking social protection to school retention and learning.
4. **Health and Child Protection Experts:** Addressing adolescent health and protection risks.
5. **Government Officials:** From ministries of youth, social welfare, education, and health.
6. **UN Agency Representatives:** From UNICEF, UNFPA, WHO, ILO, UNDP.
7. **Civil Society Organizations:** Implementing adolescent-focused programs.
8. **Researchers & M&E Specialists:** Studying adolescent development and intervention effectiveness.

Course Duration: 5 Days

Course Modules

Module 1: Understanding Adolescent Development and Life Transitions

- Define adolescence: developmental stages, key milestones, and unique opportunities.
- Analyze the critical life transitions during adolescence (e.g., primary to secondary school, school-to-work, puberty, marriage).
- Discuss the associated vulnerabilities and risks (e.g., school dropout, early marriage, adolescent pregnancy, HIV, mental health issues).
- Explore the importance of supporting adolescents' agency, voice, and participation.
- Overview of global and regional data on adolescent well-being and challenges.

Module 2: The Strategic Role of Social Protection for Adolescents

- Explain why social protection is a critical instrument for supporting adolescents through transitions.
- Discuss how social protection can protect adolescents from harm, build human capital, and foster resilience.
- Analyze its contribution to improving health, education, and livelihood outcomes for adolescents.
- Explore the pathways through which social protection can empower adolescents and promote their rights.
- Introduce the concept of "age-sensitive" and "adolescent-sensitive" social protection.

Module 3: Social Protection Instruments for Adolescents and their Families

- **Cash Transfers:** Designing conditional cash transfers linked to school attendance, health-seeking behaviors, or skills training for adolescents.
- **In-Kind Support:** Providing school supplies, uniforms, or menstrual hygiene products.

- **Livelihood Support:** Implementing skills development, vocational training, and mentorship programs for older adolescents.
- **Health Protection:** Facilitating access to adolescent-friendly health services, sexual and reproductive health (SRH) care, and mental health support.
- **Social Services:** Ensuring access to psychosocial support, legal aid, and child protection services.

Module 4: Identifying, Targeting, and Engaging Adolescents

- Challenges of identifying and targeting adolescents, especially those out of school or in informal work.
- Strategies for inclusive identification that prioritize vulnerable adolescents (e.g., adolescent girls, adolescents with disabilities, displaced youth).
- Discuss the importance of ethical engagement, consent, and child safeguarding in working with adolescents.
- Leveraging existing social registries and school enrollment data for adolescent targeting.
- Promoting adolescent participation in program design and feedback mechanisms.

Module 5: Linking Social Protection with Essential Services for Adolescents

- The critical importance of establishing strong referral pathways between social protection programs and adolescent-specific services.
- Strategies for promoting school enrollment, retention, and completion through social protection.
- Facilitating access to comprehensive health services, including SRH, nutrition, and mental health.
- Linking adolescents to livelihood opportunities, vocational training, and entrepreneurship support.
- Case studies of successful integrated service delivery for adolescents.

Module 6: Addressing Adolescent-Specific Protection Risks

- Analyzing adolescent-specific protection risks: child marriage, adolescent pregnancy, gender-based violence (GBV), child labor, trafficking.
- Discuss how social protection can prevent these risks by strengthening economic security and promoting education.
- Strategies for linking social protection with child protection systems and GBV response services.
- Exploring the role of social protection in supporting adolescent parents and their children.
- Case studies of social protection interventions addressing adolescent protection risks.

Module 7: Data, Monitoring, and Evaluation for Adolescent Outcomes

- Designing robust M&E frameworks for adolescent-focused social protection programs.
- Developing age- and sex-disaggregated indicators to track adolescent outcomes across health, education, and livelihoods.
- Strategies for collecting high-quality data from adolescents in an ethical and age-appropriate manner.
- Using participatory M&E approaches that engage adolescents as active evaluators.
- Analyzing data to assess the impact of social protection on adolescent well-being and transitions.

Module 8: Policy, Governance, and Multi-Sectoral Partnerships

- Identifying and analyzing national policies and legal frameworks related to adolescents, social protection, and youth development.
- Discussing the importance of policy coherence and inter-ministerial coordination (youth, social welfare, education, health).
- Strengthening institutional mandates and capacities for adolescent-sensitive social protection.

- Fostering multi-sectoral partnerships: government, civil society, UN agencies, private sector, and youth organizations.
- Advocating for increased investment and political will for adolescent social protection.

Training Methodology

- **Interactive Workshops:** Facilitated discussions, group exercises, and problem-solving activities.
- **Case Studies:** Real-world examples to illustrate successful community-based surveillance practices.
- **Role-Playing and Simulations:** Practice engaging communities in surveillance activities.
- **Expert Presentations:** Insights from experienced public health professionals and community leaders.
- **Group Projects:** Collaborative development of community surveillance plans.
- **Action Planning:** Development of personalized action plans for implementing community-based surveillance.
- **Digital Tools and Resources:** Utilization of online platforms for collaboration and learning.
- **Peer-to-Peer Learning:** Sharing experiences and insights on community engagement.
- **Post-Training Support:** Access to online forums, mentorship, and continued learning resources.

Register as a group from 3 participants for a Discount

Send us an email: info@fineskilltrainingcenter.org or call +254769199797

Certification

Upon successful completion of this training, participants will be issued with a globally recognized certificate.

Tailor-Made Course

We also offer tailor-made courses based on your needs.

Key Notes

- Participants must be conversant in English.
- Upon completion of training, participants will receive an Authorized Training Certificate.
- The course duration is flexible and can be modified to fit any number of days.
- Course fee includes facilitation, training materials, 2 coffee breaks, buffet lunch, and a Certificate upon successful completion.
- One-year post-training support, consultation, and coaching provided after the course.
- Payment should be made at least a week before the training commencement to Fineskill Training Center account, as indicated in the invoice, to enable better preparation.

Upcoming Scheduled Sessions

Start Date	End Date	Location	Price
23 Nov 2026	27 Nov 2026	Online	$1,000

Start Date	End Date	Location	Price
23 Nov 2026	27 Nov 2026	Physical	$1,500
23 Nov 2026	27 Nov 2026	Physical	$3,000
23 Nov 2026	27 Nov 2026	Physical	$3,000
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$4,500
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$6,000

Ready to enroll or request a customized program? Book online or contact us:

Register Online Now

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