Training Course on Leadership Sprint

Professional Development Training Course Outline

Category	Leadership and Management	**Duration**	5 Days
Base Fee	$1,500 USD	**Delivery Mode**	Online / On-site Hybrid

Course Introduction

In today's rapidly evolving business landscape, **agile leadership** and **accelerated development** are no longer optional they are essential for sustained success. Training Course on Leadership Sprint is designed to equip individuals with the core competencies and actionable strategies needed to excel as effective leaders in any organizational context. This program focuses on fostering **strategic thinking**, enhancing **communication skills**, and cultivating a **growth mindset**, all within a compressed and highly impactful timeframe. By embracing the principles of **sprint methodology** applied to leadership development, participants will experience tangible progress and develop the confidence to navigate complex challenges and inspire high-performing teams.

This immersive experience goes beyond theoretical concepts, emphasizing practical application through real-world **case studies**, interactive exercises, and collaborative discussions. Participants will learn to implement **effective delegation**, master **conflict resolution**, and drive **team motivation**, ultimately leading to improved organizational performance and a more engaged workforce. The Leadership Sprint empowers individuals to become catalysts for positive change, fostering a culture of **innovation** and **accountability**. By focusing on **action-oriented learning** and immediate implementation, this course delivers a significant return on investment, cultivating **future-ready leaders** who can drive their organizations toward achieving strategic objectives.

Programme Curriculum

Training Course on Leadership Sprint

Introduction

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Course Duration

5 days

Course Objectives

This Leadership Sprint aims to empower participants to:

1. Develop a **strategic leadership** framework for navigating organizational complexities.
2. Enhance **effective communication strategies** for clear and impactful interactions.
3. Cultivate a **growth mindset** to embrace challenges and foster continuous improvement.
4. Master the art of **delegation skills** to empower team members and optimize workload.
5. Implement proven **conflict resolution techniques** to foster healthy team dynamics.
6. Drive **team motivation and engagement** to maximize productivity and morale.
7. Foster a culture of **innovation and creativity** within their teams.
8. Promote **accountability and ownership** at all levels of the organization.
9. Apply **change management principles** to navigate organizational transitions effectively.
10. Develop **emotional intelligence** to build stronger relationships and lead with empathy.
11. Utilize **performance management strategies** to guide and develop team members.
12. Employ **decision-making frameworks** for timely and effective problem-solving.
13. Build **future-ready leadership skills** to adapt to evolving business demands.

Organizational Benefits

- Equipping managers and high-potential employees with the skills to lead effectively, resulting in better team performance and organizational outcomes.
- Fostering clearer communication channels and stronger collaborative relationships across departments and teams.
- Motivated and well-led teams experience higher job satisfaction and are more likely to remain with the organization.
- Cultivating a culture of growth, accountability, and innovation driven by effective leadership at all levels.
- Empowering leaders to make informed and timely decisions, leading to greater efficiency and agility.
- Building a leadership team that can navigate and lead through organizational changes effectively.
- Fostering an environment where new ideas are encouraged and implemented, driving organizational growth.

- Developing internal talent and reducing the costs associated with external recruitment and leadership gaps.

Target Audience

1. Mid-Level Managers.
2. High-Potential Employees.
3. Team Leaders and Supervisors
4. Project Managers.
5. Entrepreneurs and Business Owners.
6. HR Professionals.
7. Individual Contributors.
8. Leaders in Non-Profit Organizations.

Course Outline

Module 1: Foundations of Agile Leadership

- Understanding the principles of agile methodologies and their application to leadership.
- Developing a vision and strategy in a dynamic environment.
- Fostering a culture of continuous feedback and adaptation.
- Empowering self-organizing teams and distributed leadership.
- **Case Study:** How Spotify utilizes agile principles to foster innovation and rapid growth.

Module 2: Strategic Thinking and Decision Making

- Developing strategic foresight and long-term planning capabilities.
- Utilizing frameworks for effective problem-solving and decision analysis.
- Assessing and mitigating risks in complex organizational environments.
- Making data-driven decisions and fostering a culture of informed action.
- **Case Study:** Apple's strategic decisions that led to its market dominance in the technology industry.

Module 3: Effective Communication and Interpersonal Skills

- Mastering active listening and empathetic communication techniques.
- Delivering clear, concise, and impactful messages across different audiences.
- Building strong interpersonal relationships and fostering trust within teams.
- Navigating difficult conversations and providing constructive feedback.
- **Case Study:** The communication strategies employed by successful global leaders like Nelson Mandela.

Module 4: Leading and Motivating High-Performing Teams

- Understanding team dynamics and the stages of team development.
- Setting clear goals and expectations for team performance.
- Implementing effective strategies for motivating and engaging team members.
- Recognizing and rewarding team achievements and individual contributions.
- **Case Study:** How Google fosters a highly motivated and innovative workforce through its unique team culture.

Module 5: Delegation and Empowerment

- Identifying tasks suitable for delegation and empowering team members.

- Providing clear instructions, resources, and autonomy for delegated tasks.
- Monitoring progress and providing support without micromanaging.
- Developing the skills and confidence of team members through effective delegation.
- **Case Study:** Richard Branson's approach to delegation and empowering leaders within the Virgin Group.

Module 6: Conflict Resolution and Negotiation

- Understanding different conflict styles and their impact on team dynamics.
- Implementing effective strategies for resolving conflicts constructively.
- Developing negotiation skills to reach mutually beneficial agreements.
- Facilitating productive discussions and mediating disagreements within teams.
- **Case Study:** Successful conflict resolution strategies used in international business negotiations.

Module 7: Change Management and Adaptability

- Understanding the psychology of change and its impact on individuals and teams.
- Implementing frameworks for leading and managing organizational change effectively.
- Communicating the vision for change and engaging stakeholders.
- Building resilience and adaptability within teams to navigate uncertainty.
- **Case Study:** How Netflix adapted its business model to thrive in the rapidly evolving entertainment industry.

Module 8: Fostering a Growth Mindset and Continuous Improvement

- Understanding the principles of a growth mindset and its benefits for leadership.
- Encouraging a culture of learning, experimentation, and continuous improvement.
- Providing opportunities for professional development and skill enhancement.
- Implementing feedback mechanisms to drive individual and team growth.
- **Case Study:** The impact of a growth mindset on the innovation culture at companies like Microsoft under Satya Nadella.

Training Methodology

The Leadership Sprint employs a blended learning approach incorporating:

- **Interactive Workshops:** Engaging sessions with facilitated discussions, group activities, and experience sharing.
- **Case Study Analysis:** In-depth examination of real-world leadership challenges and successful strategies.
- **Role-Playing Exercises:** Practical application of leadership skills in simulated scenarios.
- **Individual Reflection Activities:** Opportunities for self-assessment and personal development planning.
- **Action Planning:** Participants develop concrete action plans for implementing learned concepts in their workplace.
- **Peer Coaching:** Collaborative learning and support through peer-to-peer coaching sessions.
- **Expert Facilitation:** Guidance and insights from experienced leadership development professionals.
- **Post-Training Resources:** Access to materials and tools to support ongoing learning and application.

Register as a group from 3 participants for a Discount

Send us an email: info@fineskilltrainingcenter.org **or call** *+254769199797*

Certification

Upon successful completion of this training, participants will be issued with a globally- recognized certificate.

Tailor-Made Course

We also offer tailor-made courses based on your needs.

Key Notes

a. The participant must be conversant with English.

b. Upon completion of training the participant will be issued with an Authorized Training Certificate

c. Course duration is flexible and the contents can be modified to fit any number of days.

d. The course fee includes facilitation training materials, 2 coffee breaks, buffet lunch and A Certificate upon successful completion of Training.

e. One-year post-training support Consultation and Coaching provided after the course.

f. Payment should be done at least a week before commence of the training, to Fineskill Training Center account, as indicated in the invoice so as to enable us prepare better for you.

Upcoming Scheduled Sessions

Start Date	End Date	Location	Price
23 Nov 2026	27 Nov 2026	Online	$1,000
23 Nov 2026	27 Nov 2026	Physical	$1,500
23 Nov 2026	27 Nov 2026	Physical	$3,000
23 Nov 2026	27 Nov 2026	Physical	$3,000
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$4,500

Start Date	End Date	Location	Price
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$6,000

Ready to enroll or request a customized program? Book online or contact us:

Register Online Now

Email: info@fineskilltrainingcenter.com | Website: www.fineskilltrainingcenter.com