Training Course on Integrating Social-Emotional Learning (SEL) into Curriculum

Professional Development Training Course Outline

Category	Educational Leadership and Management	**Duration**	5 Days
Base Fee	$1,500 USD	**Delivery Mode**	Online / On-site Hybrid

Course Introduction

In today’s fast-evolving educational landscape, the integration of Social-Emotional Learning (SEL) into the curriculum has become an essential component for student success. Training Course on Integrating Social-Emotional Learning (SEL) into Curriculum empowers educators, curriculum designers, and education leaders with actionable strategies to embed SEL seamlessly into academic content. Emphasizing emotional intelligence, empathy, resilience, and responsible decision-making, this course bridges academic excellence and holistic development through data-driven and inclusive practices.

With evidence-based methodologies, this course addresses trending education themes such as trauma-informed teaching, culturally responsive pedagogy, mental health awareness in schools, and growth mindset development. It offers hands-on tools and techniques to nurture emotionally intelligent classrooms that support both academic achievement and lifelong social skills.

Programme Curriculum

Training Course on Integrating Social-Emotional Learning (SEL) into Curriculum

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tools and techniques to nurture emotionally intelligent classrooms that support both academic achievement and lifelong social skills.

Course Objectives

1. Understand the core components of Social-Emotional Learning (SEL).
2. Identify benefits of SEL integration in improving student mental health and academic performance.
3. Design lesson plans that incorporate emotionally intelligent teaching practices.
4. Implement trauma-informed, culturally responsive SEL frameworks.
5. Integrate growth mindset principles into everyday classroom routines.
6. Promote student resilience and empathy through collaborative learning.
7. Assess the effectiveness of SEL strategies using formative assessments.
8. Enhance teacher-student relationships through mindful communication.
9. Foster inclusive classrooms that value student voice and identity.
10. Apply data-driven SEL techniques to monitor emotional development.
11. Encourage student self-regulation through classroom routines.
12. Create a school-wide SEL culture using multi-tiered systems of support (MTSS).
13. Align SEL practices with 21st-century learning skills and digital literacy.

Target Audiences

1. K-12 Teachers
2. Curriculum Developers
3. School Administrators
4. Education Policy Makers
5. Guidance Counselors
6. Special Education Professionals
7. Teacher Trainers/Coaches
8. Mental Health Coordinators in Schools

Course Duration: 5 Days

Course Modules

Module 1: Foundations of SEL in Education

- Understanding the five core competencies of SEL
- Importance of integrating SEL into daily instruction
- Current research and statistics on SEL outcomes
- Addressing common misconceptions about SEL
- Aligning SEL with academic standards
- **Case Study**: A 4th-grade class that improved academic scores after adopting SEL practices

Module 2: Trauma-Informed and Culturally Responsive SEL

- Recognizing trauma in student behavior
- Adapting SEL for diverse cultural backgrounds
- Developing culturally sustaining SEL content
- Addressing equity and inclusion through SEL
- Preventing bias in SEL instruction
- **Case Study**: Urban middle school uses trauma-informed SEL to reduce suspensions

Module 3: SEL and Academic Curriculum Integration

- Embedding SEL in math, science, and literacy lessons

- Cross-curricular SEL skill development
- Using storytelling and reflection in learning
- Encouraging critical thinking through emotional inquiry
- Examples of SEL-infused lesson plans
- **Case Study**: High school integrates SEL into science labs with success

Module 4: Digital SEL and Technology Use

- Digital platforms supporting SEL (e.g., ClassDojo, Nearpod SEL)
- Teaching online empathy and digital citizenship
- Monitoring screen-time and emotional impact
- SEL apps for self-regulation and journaling
- Balancing tech use and human connection in learning
- **Case Study**: Blended learning school uses EdTech to support SEL growth

Module 5: Supporting Teacher Well-Being and Emotional Competence

- Managing educator burnout and stress
- Reflective practices for teacher self-awareness
- Building emotionally intelligent teaching teams
- Peer mentoring and teacher support circles
- Work-life balance strategies for educators
- **Case Study**: District implements SEL for staff with positive school climate results

Module 6: School-Wide SEL Implementation Strategies

- Creating shared SEL language and norms
- Building a collaborative SEL leadership team
- Engaging families and communities in SEL
- Integrating SEL with Positive Behavioral Interventions and Supports (PBIS)
- Setting measurable school-wide SEL goals
- **Case Study**: Suburban school creates inclusive SEL ecosystem with community buy-in

Module 7: Assessing SEL Outcomes

- Tools for assessing SEL growth (CASEL tools, student surveys)
- Using formative and summative SEL assessments
- Incorporating SEL into Individualized Education Programs (IEPs)
- Tracking behavioral data and emotional benchmarks
- Student-led reflection as assessment
- **Case Study**: Data analysis from SEL pilot program shows improved classroom behavior

Module 8: Future Trends and Innovations in SEL

- AI and gamification in SEL instruction
- SEL and workforce readiness
- Social justice and advocacy in SEL content
- Global SEL initiatives and collaboration
- Future educator competencies in SEL
- **Case Study**: International school adopts AI-driven SEL learning pathways

Training Methodology

- Interactive workshops with real-time application
- Group discussions and peer feedback
- Hands-on lesson planning and role-plays

- Case study analysis and reflection activities
- Digital toolkit with templates, apps, and worksheets
- Post-course mentorship and support community

Register as a group from 3 participants for a Discount

Send us an email: info@fineskilltrainingcenter.org or call *+254769199797*

Certification

Upon successful completion of this training, participants will be issued with a globally- recognized certificate.

Tailor-Made Course

We also offer tailor-made courses based on your needs.

Key Notes

a. The participant must be conversant with English.

b. Upon completion of training the participant will be issued with an Authorized Training Certificate

c. Course duration is flexible and the contents can be modified to fit any number of days.

d. The course fee includes facilitation training materials, 2 coffee breaks, buffet lunch and A Certificate upon successful completion of Training.

e. One-year post-training support Consultation and Coaching provided after the course.

f. Payment should be done at least a week before commence of the training, to Fineskill Training Center account, as indicated in the invoice so as to enable us prepare better for you.

Upcoming Scheduled Sessions

Start Date	End Date	Location	Price
23 Nov 2026	27 Nov 2026	Online	$1,000
23 Nov 2026	27 Nov 2026	Physical	$1,500
23 Nov 2026	27 Nov 2026	Physical	$3,000
23 Nov 2026	27 Nov 2026	Physical	$3,000
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$4,500
23 Nov 2026	27 Nov 2026	Physical	$6,000

Start Date	End Date	Location	Price
23 Nov 2026	27 Nov 2026	Physical	$6,000

Ready to enroll or request a customized program? Book online or contact us:

Register Online Now

Email: info@fineskilltrainingcenter.com | Website: www.fineskilltrainingcenter.com