Training Course on Healthcare Safety and Health

Professional Development Training Course Outline

Category	Occupational Health	**Duration**	5 Days
Base Fee	$1,500 USD	**Delivery Mode**	Online / On-site Hybrid

Course Introduction

In today's fast-paced and complex healthcare industry, ensuring health and safety in healthcare settings is not just a priority—it is a necessity. Training Course on Healthcare Safety and Health is a professionally designed program aimed at empowering healthcare professionals, administrators, and support staff with the essential knowledge and skills to promote occupational health, mitigate workplace hazards, and enhance patient safety. With an evidence-based and case-driven approach, this course addresses current challenges such as infection control, biohazard exposure, mental health strain, and ergonomic injury prevention.

This dynamic course is designed to align with global healthcare safety standards including OSHA, CDC, and WHO guidelines. Participants will learn how to assess risks, implement preventive strategies, and build a culture of safety in healthcare environments. The course also offers practical insights and real-world applications through case studies, interactive modules, and industry best practices to ensure robust healthcare compliance and safety excellence.

Programme Curriculum

Training Course on Healthcare Safety and Health

Introduction

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Course Objectives

1. Identify key workplace hazards in healthcare facilities.
2. Explain the importance of infection prevention and control (IPC).
3. Implement OSHA standards for healthcare worker protection.
4. Assess psychosocial risks and promote mental well-being.
5. Understand and manage ergonomic risks in clinical settings.
6. Respond effectively to biohazard and chemical exposure.
7. Enhance patient safety using risk management techniques.
8. Apply emergency preparedness and response protocols.
9. Analyze case studies of healthcare safety incidents.
10. Develop a culture of safety and accountability.
11. Apply legal and ethical practices in workplace safety.
12. Improve communication and reporting of incidents.
13. Integrate digital health tools for safety monitoring.

Target Audience

Target Audience:

1. Nurses and Nurse Managers
2. Healthcare Administrators
3. Medical Assistants
4. Hospital Safety Officers
5. Occupational Health Professionals
6. Infection Control Specialists
7. Clinical Technicians
8. Emergency Responders in Healthcare

Course Duration: 5 days

Course Modules

Module 1: Understanding Healthcare Safety Risks

- Types of hazards in healthcare settings
- Identifying physical, chemical, and biological risks
- Common injury types and statistics
- Impact of unsafe environments on staff retention
- Safety regulations overview (OSHA, WHO)
- **Case Study**: Needle-stick injuries in emergency departments

Module 2: Infection Prevention and Control (IPC)

- Standard and transmission-based precautions
- PPE selection and use
- Hand hygiene protocols
- Sterilization and waste management
- Nosocomial infections and containment strategies
- **Case Study**: COVID-19 outbreak containment in ICU

Module 3: Ergonomics in Healthcare

- Principles of workplace ergonomics
- Patient handling and musculoskeletal disorders
- Ergonomic tools and equipment
- Adjusting workspace design
- Injury prevention through body mechanics
- **Case Study**: Reducing back injuries in nursing staff

Module 4: Mental Health and Psychosocial Well-being

- Burnout and compassion fatigue
- Recognizing stress indicators
- Stress reduction techniques
- Building resilience in teams
- Support systems and mental health resources
- **Case Study**: Addressing nurse burnout post-pandemic

Module 5: Hazardous Materials and Exposure Control

- Identifying hazardous substances
- Safety Data Sheets (SDS) and compliance
- Exposure routes and protective strategies
- Spill response procedures
- Regulatory compliance (NIOSH, OSHA)
- **Case Study**: Chemical spill in hospital laboratory

Module 6: Enhancing Patient Safety

- Preventing medical errors and adverse events
- Reporting and learning systems
- Fall prevention strategies
- Medication administration safety
- Effective communication with patients and staff
- **Case Study**: Mislabeling incident in pharmacy department

Module 7: Emergency Preparedness and Safety Planning

- Developing emergency response plans
- Fire, earthquake, and active shooter drills
- Evacuation procedures and roles
- Coordination with local emergency services
- Staff training and simulation exercises
- **Case Study**: Evacuation during hospital flood emergency

Module 8: Legal Compliance and Safety Leadership

- Legal responsibilities of healthcare facilities
- Ethics in workplace safety enforcement
- Leadership roles in fostering safety culture
- Conducting safety audits and inspections
- Whistleblower protection laws
- **Case Study**: OSHA citation following safety breach

Training Methodology

- Interactive lectures and video demonstrations

- Case-based learning and discussion forums
- Hands-on safety drills and simulations
- Printable job aids and safety checklists
- Knowledge assessments and final quiz
- Certification upon course completion

Register as a group from 3 participants for a Discount

Send us an email: info@fineskilltrainingcenter.org or call *+254769199797*

Certification

Upon successful completion of this training, participants will be issued with a globally- recognized certificate.

Tailor-Made Course

We also offer tailor-made courses based on your needs.

Key Notes

a. The participant must be conversant with English.

b. Upon completion of training the participant will be issued with an Authorized Training Certificate

c. Course duration is flexible and the contents can be modified to fit any number of days.

d. The course fee includes facilitation training materials, 2 coffee breaks, buffet lunch and A Certificate upon successful completion of Training.

e. One-year post-training support Consultation and Coaching provided after the course.

f. Payment should be done at least a week before commence of the training, to Fineskill Training Center account, as indicated in the invoice so as to enable us prepare better for you.

Upcoming Scheduled Sessions

Start Date	End Date	Location	Price
23 Nov 2026	27 Nov 2026	Online	$1,000
23 Nov 2026	27 Nov 2026	Physical	$1,500
23 Nov 2026	27 Nov 2026	Physical	$3,000
23 Nov 2026	27 Nov 2026	Physical	$3,000
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$4,500

Start Date	End Date	Location	Price
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$6,000

Ready to enroll or request a customized program? Book online or contact us:

Register Online Now

Email: info@fineskilltrainingcenter.com | Website: www.fineskilltrainingcenter.com