Training Course on Gender-Based Violence

Professional Development Training Course Outline

Category	Gender Studies	**Duration**	5 Days
Base Fee	$1,500 USD	**Delivery Mode**	Online / On-site Hybrid

Course Introduction

Gender-Based Violence (GBV) is a critical issue that impacts individuals, communities, and societies worldwide. It encompasses harmful acts directed at individuals based on their gender, including physical, sexual, emotional, and economic abuse. Addressing GBV requires concerted efforts, understanding its root causes, and equipping stakeholders with practical tools for prevention and response. This training course is designed to empower participants with the knowledge and skills to create safe, equitable environments for all.

The prevalence of GBV remains alarming, with devastating consequences for survivors and communities. From cultural norms to systemic inequalities, various factors contribute to its persistence. This course provides a comprehensive framework to identify, address, and prevent GBV through evidence-based approaches and practical strategies. Participants will learn to challenge stereotypes, promote equality, and advocate for policies that foster safe spaces.

Organizations and individuals play pivotal roles in combating GBV by implementing effective strategies and fostering cultural shifts. This course focuses on building participants' capacity to recognize the signs of GBV, develop survivor-centered interventions, and implement preventive measures. By enhancing their understanding of GBV dynamics, participants will be equipped to drive meaningful change within their communities and workplaces.

Gender-Based Violence has significant implications for human rights, public health, and socio-economic development. Addressing it is essential to achieving equality, justice, and sustainable development goals. This training course aligns with international frameworks and local contexts, ensuring a practical, actionable approach to reducing GBV and its harmful effects.

Programme Curriculum

Training Course on Gender-Based Violence

Introduction

Gender-Based Violence (GBV) is a critical issue that impacts individuals, communities, and societies worldwide. It encompasses harmful acts directed at individuals based on their gender, including physical, sexual, emotional, and economic abuse. Addressing GBV requires concerted efforts, understanding its root causes, and equipping stakeholders with practical tools for prevention and response. This training course is designed to empower participants with the knowledge and skills to create safe, equitable environments for all.

The prevalence of GBV remains alarming, with devastating consequences for survivors and communities. From cultural norms to systemic inequalities, various factors contribute to its persistence. Training Course on Gender-Based Violence provides a comprehensive framework to identify, address, and prevent GBV through evidence-based approaches and practical strategies. Participants will learn to challenge stereotypes, promote equality, and advocate for policies that foster safe spaces.

Organizations and individuals play pivotal roles in combating GBV by implementing effective strategies and fostering cultural shifts. This course focuses on building participants' capacity to recognize the signs of GBV, develop survivor-centered interventions, and implement preventive measures. By enhancing their understanding of GBV dynamics, participants will be equipped to drive meaningful change within their communities and workplaces.

Gender-Based Violence has significant implications for human rights, public health, and socio-economic development. Addressing it is essential to achieving equality, justice, and sustainable development goals. This training course aligns with international frameworks and local contexts, ensuring a practical, actionable approach to reducing GBV and its harmful effects.

Duration

5 days

Course Objectives

This training course aims to:

1. Define Gender-Based Violence (GBV) and its various forms.
2. Identify the root causes and risk factors of GBV.
3. Develop strategies to prevent and respond to GBV.
4. Equip participants with survivor-centered approaches.
5. Foster awareness of international and local legal frameworks addressing GBV.
6. Promote advocacy for gender equality and safety.
7. Enhance participants’ ability to recognize early warning signs of GBV.

8. Provide tools for effective community engagement and empowerment.
9. Build capacity to design and implement GBV-related policies and programs.
10. Strengthen collaborative efforts in addressing GBV at organizational and community levels.

Organizational Benefits

Organizations participating in this course will:

1. Enhance their capacity to address GBV effectively.
2. Foster a safer, more inclusive workplace culture.
3. Strengthen compliance with international human rights and labor standards.
4. Improve staff awareness and sensitivity toward GBV issues.
5. Develop tailored policies to prevent and respond to GBV.
6. Increase employee morale and trust through proactive measures.
7. Enhance organizational reputation as a leader in gender equality.
8. Reduce workplace conflicts and legal risks associated with GBV.
9. Build stronger community partnerships and collaborations.
10. Contribute to achieving Sustainable Development Goals (SDGs).

Target Participants

- Human Resource and Organizational Development professionals
- Community leaders and activists
- Social workers and counselors
- Health professionals working with survivors of violence
- Law enforcement and security personnel
- Educators and school administrators
- Policy makers and legislators
- NGOs and civil society organizations
- Corporate leaders and managers
- Students and researchers in gender studies

Course Outline

Module 1: Understanding Gender-Based Violence

1. Definition and forms of GBV
2. Historical and cultural perspectives on GBV
3. Risk factors and triggers of GBV
4. Impact of GBV on individuals and communities
5. Case study: Survivor narratives and resilience

Module 2: Legal and Policy Frameworks

1. International conventions addressing GBV
2. National legal frameworks and policies
3. Challenges in enforcing anti-GBV laws

4. Advocacy and legislative reform
5. Case study: Analysis of landmark GBV cases

Module 3: Prevention Strategies

1. Community education and awareness programs
2. Gender equality initiatives
3. Engaging men and boys in prevention
4. Early intervention measures
5. Case study: Successful prevention campaigns

Module 4: Survivor-Centered Approaches

1. Principles of trauma-informed care
2. Building survivor trust and safety
3. Providing psychosocial support
4. Referral systems and resource mobilization
5. Case study: Designing survivor support programs

Module 5: Organizational and Workplace Responses

1. Developing GBV policies for workplaces
2. Training staff on GBV prevention and response
3. Creating safe reporting mechanisms
4. Addressing GBV within organizational systems
5. Case study: Best practices in organizational interventions

Module 6: Monitoring and Evaluation of GBV Interventions

1. Setting clear goals and indicators
2. Data collection and analysis methods
3. Evaluating the impact of GBV initiatives
4. Scaling up successful interventions
5. Case study: Monitoring frameworks in action

Training Methodology

This course employs a participatory and interactive approach, including:

- **Lectures**: Facilitated by experts with hands-on experience in GBV prevention and response.
- **Group Discussions**: Engaging participants in reflective and collaborative conversations.
- **Case Studies**: Practical examples to illustrate key concepts and strategies.
- **Role-Playing**: Simulated scenarios for hands-on learning.
- **Workshops**: Focused sessions on policy development, advocacy, and program design.
- **Field Visits (optional)**: Observation of GBV programs in action.

This comprehensive methodology ensures participants gain theoretical knowledge and practical skills to address GBV effectively.

Register as a group from 3 participants for a Discount

Send us an email: info@fineskilltrainingcenter.org or call *+254769199797*

Certification

Upon successful completion of this training, participants will be issued with a globally- recognized certificate.

Tailor-Made Course

We also offer tailor-made courses based on your needs.

Key Notes

a. The participant must be conversant with English.

b. Upon completion of training the participant will be issued with an Authorized Training Certificate

c. Course duration is flexible and the contents can be modified to fit any number of days.

d. The course fee includes facilitation training materials, 2 coffee breaks, buffet lunch and A Certificate upon successful completion of Training.

e. One-year post-training support Consultation and Coaching provided after the course.

f. Payment should be done at least a week before commence of the training, to Fineskill Training Center account, as indicated in the invoice so as to enable us prepare better for you.

Upcoming Scheduled Sessions

Start Date	End Date	Location	Price
23 Nov 2026	27 Nov 2026	Online	$1,000
23 Nov 2026	27 Nov 2026	Physical	$1,500
23 Nov 2026	27 Nov 2026	Physical	$3,000
23 Nov 2026	27 Nov 2026	Physical	$3,000
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$4,500

Start Date	End Date	Location	Price
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$6,000

Ready to enroll or request a customized program? Book online or contact us:

Register Online Now

Email: info@fineskilltrainingcenter.com | Website: www.fineskilltrainingcenter.com