Reproductive Health Programs Training Course

Professional Development Training Course Outline

Category	Public Health	**Duration**	5 Days
Base Fee	$1,500 USD	**Delivery Mode**	Online / On-site Hybrid

Course Introduction

Reproductive health remains a cornerstone of global public health, directly influencing maternal wellbeing, child survival, gender equality, and sustainable development. Reproductive Health Programs Training Course is designed to equip participants with advanced competencies in designing, implementing, monitoring, and evaluating high-impact reproductive health interventions. It integrates evidence-based practices, global health standards, rights-based approaches, and data-driven decision-making frameworks aligned with current global health priorities such as UN Sustainable Development Goal 3 (Good Health and Well-being) and universal access to sexual and reproductive healthcare services.

In today’s evolving healthcare landscape, reproductive health programs are increasingly shaped by emerging challenges such as adolescent pregnancy, family planning unmet needs, maternal mortality reduction, gender-based violence prevention, and digital health innovations. This course provides a comprehensive learning experience that blends technical knowledge with practical field applications. Participants will gain skills in program management, community engagement, health systems strengthening, reproductive rights advocacy, and M&E frameworks, ensuring they can deliver scalable and sustainable reproductive health outcomes in diverse settings.

Programme Curriculum

Reproductive Health Programs Training Course

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Course Duration

5 days

Course Objectives

1. Strengthen reproductive health systems strengthening (RHSS) capacity
2. Enhance knowledge of family planning and contraceptive technology updates
3. Build skills in maternal and neonatal health (MNH) programming
4. Improve competencies in adolescent sexual and reproductive health (ASRH)
5. Promote gender-based violence (GBV) prevention and response integration
6. Apply rights-based reproductive health approaches in program design
7. Strengthen HIV/STI prevention integration into RH services
8. Develop expertise in community health systems and outreach models
9. Enhance monitoring, evaluation, accountability, and learning (MEAL) systems
10. Strengthen digital health and e-health reproductive platforms
11. Improve data-driven reproductive health decision-making
12. Build capacity in behavior change communication (BCC) strategies
13. Promote sustainable health financing for reproductive health programs

Target Audience

1. Public health program managers
2. NGO and humanitarian health workers
3. Government health ministry officers
4. Reproductive health nurses and midwives
5. Medical doctors and clinical officers
6. Community health volunteers (CHVs)
7. Health researchers and M&E specialists
8. Donor and development agency staff

Course Modules

Module 1: Foundations of Reproductive Health

- Concepts of reproductive health and rights
- Global frameworks (SDGs, ICPD, WHO guidelines)
- Determinants of reproductive health outcomes
- Health system integration approaches
- Case Study: Reducing maternal mortality in Rwanda through RH reforms

Module 2: Family Planning and Contraceptive Technologies

- Modern contraceptive methods and updates
- Demand generation and supply chain systems
- Addressing myths and misconceptions
- Male involvement in family planning
- Case Study: Ethiopia’s community-based family planning expansion

Module 3: Maternal, Newborn, and Child Health (MNCH)

- Antenatal, delivery, and postnatal care systems
- Skilled birth attendance strategies
- Emergency obstetric care interventions
- Reducing neonatal mortality interventions
- Case Study: Kenya’s Safe Motherhood Initiative outcomes

Module 4: Adolescent Sexual and Reproductive Health (ASRH)

- Youth-friendly health services
- Teen pregnancy prevention strategies
- Comprehensive sexuality education (CSE)
- Digital platforms for adolescent engagement
- Case Study: South Africa’s school-based ASRH program

Module 5: Gender-Based Violence (GBV) and Protection

- Identification and referral systems
- Clinical management of rape survivors
- Psychosocial support frameworks
- Legal and policy frameworks
- Case Study: Integration of GBV services in Uganda health facilities

Module 6: HIV/STI Prevention and Integration

- Dual protection strategies
- Prevention of mother-to-child transmission (PMTCT)
- STI screening and treatment protocols
- Integration into primary healthcare
- Case Study: Zambia’s integrated HIV/RH service model

Module 7: Monitoring, Evaluation, Accountability & Learning (MEAL)

- Indicators for reproductive health programs
- Data collection tools and digital dashboards
- Impact evaluation techniques
- Quality improvement cycles
- Case Study: USAID-funded RH program performance tracking system

Module 8: Digital Health and Innovation in RH

- mHealth and telemedicine applications
- AI and predictive analytics in RH

- Electronic health records (EHR) systems
- Digital behavior change interventions
- Case Study: India's digital maternal health tracking system

Training Methodology

This course employs a participatory and hands-on approach to ensure practical learning, including:

- Interactive lectures and presentations.
- Group discussions and brainstorming sessions.
- Hands-on exercises using real-world datasets.
- Role-playing and scenario-based simulations.
- Analysis of case studies to bridge theory and practice.
- Peer-to-peer learning and networking.
- Expert-led Q&A sessions.
- Continuous feedback and personalized guidance.

Register as a group from 3 participants for a Discount

Send us an email: info@fineskilltrainingcenter.org or call *+254769199797*

Certification

Upon successful completion of this training, participants will be issued with a globally- recognized certificate.

Tailor-Made Course

We also offer tailor-made courses based on your needs.

Key Notes

a. The participant must be conversant with English.

b. Upon completion of training the participant will be issued with an Authorized Training Certificate

c. Course duration is flexible and the contents can be modified to fit any number of days.

d. The course fee includes facilitation training materials, 2 coffee breaks, buffet lunch and A Certificate upon successful completion of Training.

e. One-year post-training support Consultation and Coaching provided after the course.

f. Payment should be done at least a week before commence of the training, to Fineskill Training Center account, as indicated in the invoice so as to enable us prepare better for you.

Upcoming Scheduled Sessions

Start Date	End Date	Location	Price
23 Nov 2026	27 Nov 2026	Online	$1,000

Start Date	End Date	Location	Price
23 Nov 2026	27 Nov 2026	Physical	$1,500
23 Nov 2026	27 Nov 2026	Physical	$3,000
23 Nov 2026	27 Nov 2026	Physical	$3,000
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$4,500
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$6,000

Ready to enroll or request a customized program? Book online or contact us:

Register Online Now

Email: info@fineskilltrainingcenter.com | Website: www.fineskilltrainingcenter.com