Psychosocial Support for Displaced Populations Training Course

Professional Development Training Course Outline

Category	Migration and Refugee	**Duration**	5 Days
Base Fee	$1,500 USD	**Delivery Mode**	Online / On-site Hybrid

Course Introduction

Displaced populations face a myriad of psychosocial challenges that threaten their mental, emotional, and social well-being. Conflicts, natural disasters, and forced migration often lead to trauma, anxiety, and social isolation. Providing comprehensive psychosocial support is critical to fostering resilience, promoting recovery, and ensuring the integration of affected individuals into safe and supportive environments. Psychosocial Support for Displaced Populations Training Course equips humanitarian workers, social service providers, and community leaders with practical skills and evidence-based strategies to deliver effective psychosocial interventions tailored to the unique needs of displaced populations.

The course emphasizes a holistic approach, combining theoretical foundations with applied techniques in psychosocial support. Participants will gain knowledge in trauma-informed care, mental health promotion, cultural sensitivity, and crisis intervention. By the end of this training, learners will be empowered to design, implement, and evaluate psychosocial programs that enhance the psychological well-being, social cohesion, and overall quality of life of displaced communities. Practical exercises, interactive case studies, and scenario-based discussions ensure the application of learning in real-world contexts.

Programme Curriculum

Psychosocial Support for Displaced Populations Training Course

Introduction

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Course Objectives

1. Understand the psychosocial needs and vulnerabilities of displaced populations.
2. Identify key mental health issues affecting refugees, internally displaced persons, and asylum seekers.
3. Apply trauma-informed care principles in psychosocial interventions.
4. Develop effective psychosocial support programs using evidence-based practices.
5. Implement culturally sensitive approaches for diverse populations.
6. Enhance community-based resilience strategies for displaced individuals.
7. Facilitate coping mechanisms and emotional regulation techniques.
8. Assess and monitor psychosocial well-being in emergency settings.
9. Employ crisis intervention and conflict resolution strategies.
10. Integrate mental health and psychosocial support (MHPSS) in humanitarian operations.
11. Strengthen collaboration with local organizations and stakeholders.
12. Utilize case management approaches for vulnerable populations.
13. Evaluate program effectiveness through practical tools and methodologies.

Organizational Benefits

1. Improved organizational capacity in delivering psychosocial support.
2. Enhanced staff competence in mental health and psychosocial interventions.
3. Strengthened community engagement and trust.
4. Increased program effectiveness and outcomes for displaced populations.
5. Reduced staff burnout through proper training and support mechanisms.
6. Standardized approach to psychosocial care across organizational teams.
7. Improved monitoring and evaluation of psychosocial programs.
8. Enhanced partnerships with governmental and non-governmental stakeholders.
9. Increased organizational reputation in humanitarian response effectiveness.
10. Integration of evidence-based strategies for sustainable psychosocial interventions.

Target Audiences

1. Humanitarian aid workers
2. Social workers
3. Community leaders
4. Mental health practitioners
5. NGO staff in emergency response
6. Government officials in refugee services
7. Volunteer coordinators
8. Psychologists and counselors

Course Duration: 5 days

Course Modules

Module 1: Introduction to Psychosocial Support

- Definition and scope of psychosocial support
- Key principles of mental health and well-being
- Understanding vulnerabilities in displaced populations
- Roles and responsibilities of psychosocial support providers
- Integrating psychosocial support into humanitarian programs
- Case study: Psychosocial assessment in refugee camps

Module 2: Mental Health Challenges of Displaced Populations

- Common mental health disorders in displaced populations
- Effects of trauma, stress, and anxiety
- Identifying high-risk groups
- Mental health screening tools and techniques
- Developing intervention strategies
- Case study: PTSD intervention in internally displaced persons

Module 3: Trauma-Informed Care Approaches

- Principles of trauma-informed care
- Building trust and rapport with affected individuals
- Creating safe spaces for psychosocial support
- Trauma-sensitive communication techniques
- Supporting survivors of violence and abuse
- Case study: Trauma-informed intervention in conflict zones

Module 4: Community-Based Psychosocial Support

- Engaging communities in psychosocial interventions
- Building resilience and social cohesion
- Group-based support activities
- Peer support networks
- Promoting cultural sensitivity in programs
- Case study: Community resilience programs in refugee settlements

Module 5: Crisis Intervention and Conflict Resolution

- Identifying crisis situations
- Immediate psychosocial intervention strategies
- Conflict mediation techniques
- Psychological first aid principles
- Referral pathways for specialized care
- Case study: Crisis response following natural disasters

Module 6: Coping Mechanisms and Emotional Regulation

- Strategies for managing stress and anxiety
- Mindfulness and relaxation techniques
- Enhancing adaptive coping skills

- Supporting children and adolescents
- Family-based psychosocial interventions
- Case study: Coping strategies for displaced families

Module 7: Program Design and Implementation

- Designing psychosocial support programs
- Needs assessment and resource mapping
- Setting objectives and measurable outcomes
- Implementing and monitoring interventions
- Integrating psychosocial support into emergency response plans
- Case study: Designing a psychosocial support program in a refugee camp

Module 8: Monitoring, Evaluation, and Sustainability

- Tools for monitoring psychosocial interventions
- Evaluating program effectiveness
- Feedback mechanisms from beneficiaries
- Best practices for sustainability
- Continuous improvement and adaptation
- Case study: Evaluating a long-term psychosocial program

Training Methodology

- Interactive lectures and presentations
- Group discussions and peer learning
- Role-playing and scenario-based exercises
- Case study analysis and practical applications
- Hands-on workshops for program design and evaluation
- Continuous feedback and assessment from trainers

Register as a group from 3 participants for a Discount

Send us an email: info@fineskilltrainingcenter.org or call *+254769199797*

Certification

Upon successful completion of this training, participants will be issued with a globally- recognized certificate.

Tailor-Made Course

We also offer tailor-made courses based on your needs.

Key Notes

a. The participant must be conversant with English.

b. Upon completion of training the participant will be issued with an Authorized Training Certificate

c. Course duration is flexible and the contents can be modified to fit any number of days.

d. The course fee includes facilitation training materials, 2 coffee breaks, buffet lunch and A Certificate upon successful completion of Training.

e. One-year post-training support Consultation and Coaching provided after the course.

f. Payment should be done at least a week before commence of the training, to Fineskill Training Center account, as indicated in the invoice so as to enable us prepare better for you.

Upcoming Scheduled Sessions

Start Date	End Date	Location	Price
23 Nov 2026	27 Nov 2026	Online	$1,000
23 Nov 2026	27 Nov 2026	Physical	$1,500
23 Nov 2026	27 Nov 2026	Physical	$3,000
23 Nov 2026	27 Nov 2026	Physical	$3,000
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$4,500
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$6,000

Ready to enroll or request a customized program? Book online or contact us:

Register Online Now

Email: info@fineskilltrainingcenter.com | Website: www.fineskilltrainingcenter.com