Gender in Health Systems Training Course

Professional Development Training Course Outline

Category	Gender Studies	**Duration**	5 Days
Base Fee	$1,500 USD	**Delivery Mode**	Online / On-site Hybrid

Course Introduction

Gender equity and responsiveness in health systems are critical to achieving universal health coverage, improved health outcomes, and sustainable development goals. This course equips health professionals, policymakers, and development practitioners with essential knowledge and skills to integrate gender considerations into health system design, policy, and service delivery. Using evidence-based approaches, participants will explore the intersection of gender, social determinants of health, and healthcare access, while building strategies to eliminate disparities and foster inclusivity.

Gender in Health Systems Training Course leverages practical case studies, participatory learning methods, and cutting-edge research to ensure participants can effectively analyze, plan, and implement gender-responsive health interventions. By the end of the course, participants will be prepared to lead transformative initiatives in health policy, governance, workforce development, and service delivery, ensuring equitable health outcomes for all genders.

Programme Curriculum

Gender in Health Systems Training Course

Introduction

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Course Duration

5 days

Course Objectives

By the end of this course, participants will be able to:

1. Analyze gender disparities in health systems using data-driven approaches.
2. Integrate gender equity strategies into health policy and governance.
3. Apply gender-responsive planning for healthcare programs.
4. Enhance women's and men's access to quality healthcare services.
5. Promote gender-sensitive workforce development in health systems.
6. Identify social determinants affecting health outcomes across genders.
7. Strengthen health financing mechanisms for gender equity.
8. Utilize gender-based monitoring and evaluation frameworks.
9. Advocate for inclusive health policies at national and community levels.
10. Develop culturally responsive interventions to address gender barriers.
11. Apply intersectional approaches considering age, ethnicity, and socioeconomic status.
12. Build capacity for gender mainstreaming in emergency and crisis health responses.
13. Leverage technology and digital health innovations for equitable health service delivery.

Target Audience

1. Health policymakers and administrators
2. Healthcare providers and clinicians
3. Public health officers and managers
4. NGO and development practitioners
5. Health researchers and academicians
6. Gender specialists in health
7. Community health advocates
8. Students of public health and gender studies

Course Modules

Module 1: Introduction to Gender in Health Systems

- Understanding gender concepts and frameworks
- Gender roles and health outcomes
- Historical overview of gender in healthcare
- Global and national gender health indicators
- Case study: Gender inequities in maternal and child health in Kenya

Module 2: Gender and Health Policy

- Gender-responsive policy development
- Legal frameworks supporting health equity
- Policy analysis techniques

- Advocacy for gender in health policies
- Case study: Gender mainstreaming in Rwanda’s health sector reforms

Module 3: Gender-Sensitive Health Planning

- Integrating gender into strategic health plans
- Community-based participatory planning
- Needs assessment with a gender lens
- Gender-responsive budgeting in health
- Case study: Planning equitable HIV/AIDS programs in South Africa

Module 4: Workforce Gender Equity

- Gender dynamics in health workforce
- Recruitment, retention, and career progression
- Gender-sensitive leadership and management
- Addressing workplace harassment and discrimination
- Case study: Gender equity initiatives in Ethiopia’s health workforce

Module 5: Gender and Access to Health Services

- Barriers to healthcare for women and men
- Intersectionality and health equity
- Inclusive service delivery models
- Community health outreach strategies
- Case study: Reducing maternal mortality through gender-responsive interventions in Tanzania

Module 6: Gender in Health Financing

- Equitable allocation of health resources
- Gender-responsive budgeting
- Funding mechanisms for marginalized populations
- Economic empowerment and health outcomes
- Case study: Gender-informed health financing in India

Module 7: Gender, Data, and Monitoring

- Gender-disaggregated data collection
- Indicators for gender equity in health
- Monitoring and evaluation frameworks
- Using data for policy advocacy
- Case study: Using data to improve adolescent health programs in Uganda

Module 8: Innovative and Digital Approaches

- Digital health tools for gender equity
- Telemedicine and remote healthcare access
- Mobile health interventions for women and vulnerable populations
- Technology-driven gender impact assessments
- Case study: Mobile health initiatives improving maternal care in Nigeria

Training Methodology

This course employs a participatory and hands-on approach to ensure practical learning, including:

- Interactive lectures and presentations.
- Group discussions and brainstorming sessions.
- Hands-on exercises using real-world datasets.
- Role-playing and scenario-based simulations.
- Analysis of case studies to bridge theory and practice.
- Peer-to-peer learning and networking.
- Expert-led Q&A sessions.
- Continuous feedback and personalized guidance.

Register as a group from 3 participants for a Discount

Send us an email: info@fineskilltrainingcenter.org or call *+254769199797*

Certification

Upon successful completion of this training, participants will be issued with a globally- recognized certificate.

Tailor-Made Course

We also offer tailor-made courses based on your needs.

Key Notes

a. The participant must be conversant with English.

b. Upon completion of training the participant will be issued with an Authorized Training Certificate

c. Course duration is flexible and the contents can be modified to fit any number of days.

d. The course fee includes facilitation training materials, 2 coffee breaks, buffet lunch and A Certificate upon successful completion of Training.

e. One-year post-training support Consultation and Coaching provided after the course.

f. Payment should be done at least a week before commence of the training, to Fineskill Training Center account, as indicated in the invoice so as to enable us prepare better for you.

Upcoming Scheduled Sessions

Start Date	End Date	Location	Price
23 Nov 2026	27 Nov 2026	Online	$1,000
23 Nov 2026	27 Nov 2026	Physical	$1,500
23 Nov 2026	27 Nov 2026	Physical	$3,000
23 Nov 2026	27 Nov 2026	Physical	$3,000

Start Date	End Date	Location	Price
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$4,500
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$6,000

Ready to enroll or request a customized program? Book online or contact us:

Register Online Now

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