Gender-Based Violence (GBV) & Health Training Course

Professional Development Training Course Outline

Category	Public Health	**Duration**	5 Days
Base Fee	$1,500 USD	**Delivery Mode**	Online / On-site Hybrid

Course Introduction

Gender-Based Violence (GBV) remains one of the most critical global public health and human rights challenges, affecting individuals across all ages, genders, and socio-economic backgrounds. Gender-Based Violence (GBV) & Health Training Course is designed to equip learners with advanced knowledge, practical intervention skills, survivor-centered approaches, safeguarding frameworks, and community-based prevention strategies. It integrates global best practices in GBV response, mental health support, reproductive health care, trauma-informed care, and legal protection mechanisms.

The course strengthens institutional capacity for GBV prevention, emergency response, case management, psychosocial support (PSS), sexual and reproductive health (SRH), and referral systems. It emphasizes human rights-based approaches, survivor confidentiality, risk mitigation, and multi-sectoral coordination, ensuring participants can effectively respond to GBV cases within healthcare, humanitarian, and community settings.

Programme Curriculum

Gender-Based Violence (GBV) & Health Training Course

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Course Duration

5 days

Course Objectives

1. Understand Gender-Based Violence (GBV) frameworks and global standards
2. Apply survivor-centered care and ethical response principles
3. Strengthen GBV case identification and early detection systems
4. Deliver effective psychosocial support (PSS) interventions
5. Enhance sexual and reproductive health (SRH) response services
6. Develop skills in trauma-informed care and counseling
7. Improve referral pathways and multi-sector coordination
8. Integrate GBV risk assessment and safeguarding protocols
9. Promote community-based GBV prevention strategies
10. Strengthen data collection, reporting, and confidentiality practices
11. Understand legal frameworks and human rights protection systems
12. Build capacity in crisis response and emergency GBV management
13. Support behavior change communication (BCC) for GBV prevention

Target Audience

1. Healthcare workers and clinical officers
2. Social workers and case managers
3. NGO and humanitarian field staff
4. Community health volunteers (CHVs)
5. Psychologists and counselors
6. Law enforcement and protection officers
7. Public health practitioners
8. Gender and development officers

Course Modules

Module 1: Introduction to Gender-Based Violence (GBV)

- Definition, forms, and typologies of GBV
- Root causes and socio-cultural drivers
- Global and regional GBV statistics and trends
- Human rights and gender equality frameworks
- GBV impact on health and wellbeing
- **Case Study:** Analysis of GBV prevalence in humanitarian crisis settings and response gaps.

Module 2: Survivor-Centered Approach & Ethics

- Principles of survivor-centered care
- Confidentiality and informed consent
- Non-discrimination and dignity-based response

- Ethical decision-making in GBV cases
- Safe disclosure practices
- **Case Study:** Handling a confidential GBV disclosure in a healthcare facility.

Module 3: Psychosocial Support (PSS) & Mental Health

- Trauma and psychological impact of GBV
- Basic counseling and emotional first aid
- Stress, PTSD, and coping mechanisms
- Referral for specialized mental health services
- Self-care for GBV responders
- **Case Study:** Supporting a survivor of intimate partner violence with trauma symptoms.

Module 4: Sexual and Reproductive Health (SRH) in GBV Response

- Clinical management of rape survivors
- Emergency contraception and STI management
- HIV post-exposure prophylaxis (PEP)
- Safe abortion care frameworks (where legal)
- Maternal health considerations in GBV cases
- **Case Study:** Emergency SRH response after sexual assault incident.

Module 5: Case Management & Referral Systems

- GBV case identification and intake procedures
- Case documentation and tracking systems
- Multi-sector referral pathways
- Coordination with health, justice, and protection sectors
- Follow-up and survivor support plans
- **Case Study:** Coordinated referral response for a domestic violence survivor.

Module 6: GBV Prevention & Community Engagement

- Community awareness and advocacy strategies
- Engaging men and boys in prevention
- Social norms and behavior change communication
- School-based GBV prevention programs
- Community reporting mechanisms
- **Case Study:** Successful community mobilization reducing early forced marriages.

Module 7: Legal Frameworks & Protection Systems

- National and international GBV laws
- Survivor rights and legal aid services
- Evidence collection and documentation
- Protection orders and justice processes
- Law enforcement collaboration
- **Case Study:** Legal prosecution process in a rape case and justice outcomes.

Module 8: Data Management, Reporting & Safeguarding

- GBV data collection tools and indicators

- Confidential reporting systems
- Data protection and privacy standards
- Risk assessment and safeguarding protocols
- Monitoring and evaluation of GBV programs
- **Case Study:** Strengthening GBV reporting systems in humanitarian response camps

Training Methodology

This course employs a participatory and hands-on approach to ensure practical learning, including:

- Interactive lectures and presentations.
- Group discussions and brainstorming sessions.
- Hands-on exercises using real-world datasets.
- Role-playing and scenario-based simulations.
- Analysis of case studies to bridge theory and practice.
- Peer-to-peer learning and networking.
- Expert-led Q&A sessions.
- Continuous feedback and personalized guidance.

Register as a group from 3 participants for a Discount

Send us an email: info@fineskilltrainingcenter.org or call *+254769199797*

Certification

Upon successful completion of this training, participants will be issued with a globally- recognized certificate.

Tailor-Made Course

We also offer tailor-made courses based on your needs.

Key Notes

a. The participant must be conversant with English.

b. Upon completion of training the participant will be issued with an Authorized Training Certificate

c. Course duration is flexible and the contents can be modified to fit any number of days.

d. The course fee includes facilitation training materials, 2 coffee breaks, buffet lunch and A Certificate upon successful completion of Training.

e. One-year post-training support Consultation and Coaching provided after the course.

f. Payment should be done at least a week before commence of the training, to Fineskill Training Center account, as indicated in the invoice so as to enable us prepare better for you.

Upcoming Scheduled Sessions

Start Date	End Date	Location	Price

23 Nov 2026	27 Nov 2026	Online	$1,000
23 Nov 2026	27 Nov 2026	Physical	$1,500
23 Nov 2026	27 Nov 2026	Physical	$3,000
23 Nov 2026	27 Nov 2026	Physical	$3,000
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$4,500
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$6,000

Ready to enroll or request a customized program? Book online or contact us:

Register Online Now

Email: info@fineskilltrainingcenter.com | Website: www.fineskilltrainingcenter.com