Gender and Reproductive Rights Policy Training Course

Professional Development Training Course Outline

Category	Demography and Population Studies	**Duration**	5 Days
Base Fee	$1,500 USD	**Delivery Mode**	Online / On-site Hybrid

Course Introduction

Gender and Reproductive Rights Policy Training Course is designed to equip participants with comprehensive knowledge and practical skills to develop, implement, and evaluate policies that promote gender equality and reproductive health. This course emphasizes the importance of policy frameworks, legal instruments, and socio-cultural strategies that ensure equitable access to reproductive rights, reduce gender-based disparities, and foster inclusive governance. Participants will gain insights into global and regional best practices, emerging trends in gender equity, and evidence-based policy approaches that advance reproductive health outcomes.

In addition, the course integrates interdisciplinary perspectives, combining public health, law, human rights, and social sciences, to provide a holistic understanding of gender and reproductive rights. Through interactive learning, case studies, and scenario-based exercises, participants will enhance their analytical and advocacy skills, enabling them to design policies that are socially responsive, legally compliant, and culturally sensitive. This training also explores the role of international organizations, governmental agencies, and civil society in promoting gender equity and reproductive justice.

Programme Curriculum

Gender and Reproductive Rights Policy Training Course

Introduction

Gender and Reproductive Rights Policy Training Course is designed to equip participants with comprehensive knowledge and practical skills to develop, implement, and evaluate policies that promote gender equality and reproductive health. This course emphasizes the importance of policy frameworks, legal instruments, and socio-cultural strategies that ensure equitable access to reproductive rights, reduce gender-based disparities, and

foster inclusive governance. Participants will gain insights into global and regional best practices, emerging trends in gender equity, and evidence-based policy approaches that advance reproductive health outcomes.

In addition, the course integrates interdisciplinary perspectives, combining public health, law, human rights, and social sciences, to provide a holistic understanding of gender and reproductive rights. Through interactive learning, case studies, and scenario-based exercises, participants will enhance their analytical and advocacy skills, enabling them to design policies that are socially responsive, legally compliant, and culturally sensitive. This training also explores the role of international organizations, governmental agencies, and civil society in promoting gender equity and reproductive justice.

Course Objectives

By the end of this training, participants will be able to:

1. Understand the principles of gender equality and reproductive rights in policy contexts.
2. Analyze international treaties, conventions, and legal frameworks on gender and reproductive health.
3. Identify key social, cultural, and economic barriers affecting reproductive rights.
4. Apply evidence-based strategies for gender-sensitive policy formulation.
5. Design actionable reproductive health programs for diverse populations.
6. Evaluate gender and reproductive policies for effectiveness and compliance.
7. Develop advocacy campaigns promoting reproductive justice.
8. Integrate human rights principles into national and organizational policies.
9. Utilize data analytics and research methods to inform gender policies.
10. Address gender-based violence through policy interventions.
11. Strengthen collaboration between governmental and non-governmental organizations.
12. Incorporate youth, minority, and marginalized populations in policy design.
13. Enhance leadership and decision-making skills for gender and reproductive rights initiatives.

Organizational Benefits

- Improved compliance with national and international gender standards.
- Enhanced organizational reputation in promoting equality and inclusion.
- Strengthened capacity to design and implement gender-sensitive policies.
- Increased employee awareness and engagement on gender and reproductive rights.
- Reduction of gender-based disparities within programs and services.
- Improved stakeholder relations with civil society and advocacy groups.
- Enhanced program monitoring and evaluation capabilities.
- Greater integration of human rights principles into operations.
- Increased effectiveness of policy advocacy campaigns.
- Strengthened organizational leadership in gender equity initiatives.

Target Audiences

1. Government policymakers and legislators
2. Public health officials
3. Non-governmental organization (NGO) leaders
4. Human rights advocates

5. Gender specialists and consultants
6. Social workers and community organizers
7. Academic researchers and educators
8. International development professionals

Course Duration: 5 days

Course Modules

Module 1: Introduction to Gender and Reproductive Rights

- Historical overview of gender equality movements
- Definitions and concepts of reproductive rights
- International and regional policy frameworks
- Socio-cultural perspectives on gender roles
- Key stakeholders in gender policy
- Case Study: Implementation of reproductive rights policy in Kenya

Module 2: Legal and Human Rights Frameworks

- International conventions and treaties (CEDAW, ICPD, SDGs)
- National legislation and reproductive rights
- Legal enforcement mechanisms
- Rights-based approaches to policy design
- Accountability and monitoring frameworks
- Case Study: Comparative analysis of reproductive laws in East Africa

Module 3: Gender-Based Violence and Policy Interventions

- Understanding gender-based violence (GBV)
- Policy strategies for GBV prevention
- Community mobilization and awareness programs
- Data collection and reporting on GBV
- Inter-agency coordination for GBV response
- Case Study: Policy response to domestic violence in Rwanda

Module 4: Reproductive Health and Policy Development

- Key reproductive health indicators
- Evidence-based health programs
- Accessibility and affordability of reproductive services
- Stakeholder engagement in health policy
- Ethical considerations in reproductive health

- Case Study: Family planning program evaluation in Uganda

Module 5: Social, Cultural, and Economic Barriers

- Cultural norms affecting gender equality
- Socioeconomic determinants of reproductive health
- Addressing stigma and discrimination
- Intersectionality in policy design
- Community empowerment strategies
- Case Study: Overcoming cultural barriers to maternal health in Nigeria

Module 6: Advocacy and Policy Communication

- Strategies for effective advocacy
- Media engagement and public campaigns
- Policy briefs and stakeholder presentations
- Mobilizing community support
- Measuring advocacy impact
- Case Study: Advocacy for adolescent reproductive rights in Tanzania

Module 7: Data, Research, and Evidence-Based Policy

- Quantitative and qualitative research methods
- Data collection and analysis for gender policy
- Using research to inform decision-making
- Monitoring and evaluation frameworks
- Policy recommendations based on evidence
- Case Study: Using census data to shape reproductive health programs in Ghana

Module 8: Leadership and Organizational Implementation

- Strategic leadership in gender policy
- Organizational change and capacity building
- Resource mobilization and budgeting
- Monitoring progress and reporting outcomes
- Sustainability and long-term planning
- Case Study: Implementing a gender policy in a public health organization

Training Methodology

- Interactive lectures and presentations

- Group discussions and peer learning
- Case study analysis and scenario exercises
- Role-playing and simulation activities
- Policy drafting workshops
- Expert-led Q&A and mentorship sessions

Register as a group from 3 participants for a Discount

Send us an email: info@fineskilltrainingcenter.org or call *+254769199797*

Certification

Upon successful completion of this training, participants will be issued with a globally- recognized certificate.

Tailor-Made Course

We also offer tailor-made courses based on your needs.

Key Notes

a. The participant must be conversant with English.

b. Upon completion of training the participant will be issued with an Authorized Training Certificate

c. Course duration is flexible and the contents can be modified to fit any number of days.

d. The course fee includes facilitation training materials, 2 coffee breaks, buffet lunch and A Certificate upon successful completion of Training.

e. One-year post-training support Consultation and Coaching provided after the course.
f. Payment should be done at least a week before commence of the training, to Fineskill Training Center account, as indicated in the invoice so as to enable us prepare better for you.

Upcoming Scheduled Sessions

Start Date	End Date	Location	Price
23 Nov 2026	27 Nov 2026	Online	$1,000
23 Nov 2026	27 Nov 2026	Physical	$1,500
23 Nov 2026	27 Nov 2026	Physical	$3,000
23 Nov 2026	27 Nov 2026	Physical	$3,000

Start Date	End Date	Location	Price
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$4,500
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$6,000

Ready to enroll or request a customized program? Book online or contact us:

Register Online Now

Email: info@fineskilltrainingcenter.com | Website: www.fineskilltrainingcenter.com