Gender and International Relations Training Course

Professional Development Training Course Outline

Category	Gender Studies	**Duration**	10 Days
Base Fee	$3,000 USD	**Delivery Mode**	Online / On-site Hybrid

Course Introduction

In today’s interconnected global landscape, understanding the intersection of gender and international relations is crucial for fostering equitable diplomacy, inclusive policy-making, and sustainable development. Gender and International Relations Training Course leverages cutting-edge insights on gender equality, intersectionality, global governance, and human rights to equip participants with the knowledge and skills needed to navigate complex international arenas. Participants will explore how gender dynamics shape international negotiations, peacebuilding, foreign policy, and multilateral cooperation, ensuring gender-responsive outcomes in global initiatives.

By integrating practical case studies, experiential learning, and interactive methodologies, this course empowers diplomats, policymakers, and international practitioners to challenge systemic biases, advocate for inclusive policies, and drive transformative change. Participants will acquire strategic competencies in gender mainstreaming, international law, conflict resolution, and advocacy, enabling them to influence policy, lead gender-sensitive programs, and contribute to achieving global gender equality targets.

Programme Curriculum

Gender and International Relations Training Course

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Course Objectives

1. Analyze the role of gender in shaping international relations and global policy frameworks.
2. Examine gender-sensitive approaches in diplomacy, peacekeeping, and conflict resolution.
3. Understand the impact of international law and treaties on gender equality.
4. Explore gender mainstreaming strategies in multilateral organizations.
5. Identify barriers to women's participation in global governance and leadership.
6. Assess the role of gender in human security and migration policies.
7. Apply intersectional analysis in international development and foreign policy.
8. Critically evaluate case studies on gender-responsive peacebuilding initiatives.
9. Develop strategies for gender-sensitive negotiation and advocacy.
10. Integrate gender perspectives in global economic and trade policies.
11. Utilize digital tools for gender analysis in international relations.
12. Promote inclusive policy frameworks for sustainable development goals (SDGs).
13. Foster leadership skills for advancing gender equality in international contexts.

Target Audience

1. Diplomats and foreign service officers
2. International development practitioners
3. Policy analysts and researchers in global governance
4. Human rights and gender equality advocates
5. NGO leaders and program managers
6. Peacebuilding and conflict resolution specialists
7. Academics and students in international relations
8. Government officials and policymakers

Course Modules

Module 1: Introduction to Gender and International Relations

- Key concepts in gender and global politics
- Historical overview of gender in diplomacy
- Gender and power dynamics in international systems
- Gender-sensitive global policy frameworks
- Case Study: UN Women's role in peacekeeping missions

Module 2: International Law and Gender Equality

- Overview of international treaties and conventions
- Gender-responsive legal frameworks
- Role of human rights law in promoting equality

- Compliance and enforcement mechanisms
- Case Study: CEDAW implementation in conflict zones

Module 3: Gender Mainstreaming in Multilateral Organizations

- Definition and principles of gender mainstreaming
- Institutional strategies and tools
- Gender budgeting in international organizations
- Monitoring and evaluation of gender initiatives
- Case Study: World Bank gender inclusion programs

Module 4: Women in Global Governance and Leadership

- Women’s representation in international institutions
- Leadership barriers and strategies
- Gender quotas and affirmative action policies
- Mentorship and capacity-building initiatives
- Case Study: Women leaders in EU foreign policy

Module 5: Gender and Peacebuilding

- Conflict-sensitive gender analysis
- Role of women in peace negotiations
- Gender-responsive conflict resolution strategies
- Post-conflict reconstruction and empowerment
- Case Study: Liberia’s women-led peace movement

Module 6: Human Security and Migration

- Gendered dimensions of migration and refugees
- Humanitarian response frameworks
- Policies addressing gender-based violence in crises
- Access to social protection and legal services
- Case Study: Syrian refugee women’s initiatives

Module 7: Intersectionality in International Policy

- Understanding intersectional vulnerabilities
- Policy implications of intersecting identities
- Inclusive program design and evaluation
- Case Study: Indigenous women in climate diplomacy

Module 8: Gender and Foreign Policy Analysis

- Gender lens in diplomatic strategies
- Tools for gender-responsive policy assessment
- Case Study: Nordic countries’ feminist foreign policies
- Negotiation and advocacy skills
- Scenario-based exercises

Module 9: Economic Diplomacy and Trade

- Gender equality in global trade policies

- Women’s entrepreneurship and international markets
- Gender-sensitive investment strategies
- International economic agreements and inclusion
- Case Study: Women in African Continental Free Trade Area

Module 10: Digital Diplomacy and Gender

- Role of technology in global advocacy
- Cybersecurity and digital gender inclusion
- Social media for gender-responsive campaigns
- Data-driven policy formulation
- Case Study: Digital platforms amplifying women’s voices

Module 11: Advocacy and Campaigning for Gender Equality

- Designing international advocacy campaigns
- Stakeholder mapping and engagement
- Communication strategies for gender issues
- Measuring advocacy impact
- Case Study: UN Women’s HeForShe initiative

Module 12: Monitoring and Evaluation of Gender Policies

- Key performance indicators for gender programs
- Evaluation methodologies
- Reporting mechanisms and accountability
- Tools for data collection and analysis
- Case Study: Gender-responsive budgeting in UN agencies

Module 13: Conflict Prevention and Gender

- Early warning systems and gender-sensitive indicators
- Community engagement strategies
- Preventing gender-based violence in conflicts
- Policy recommendations for global organizations
- Case Study: Women in UN peacebuilding early interventions

Module 14: Sustainable Development Goals and Gender

- Linking gender equality to SDGs
- International cooperation strategies
- Policy coherence and implementation challenges
- Resource mobilization for gender initiatives
- Case Study: Gender equality in SDG 5 programs

Module 15: Capstone Project and Policy Simulation

- Hands-on gender policy simulation
- Scenario planning and negotiation exercises
- Drafting gender-sensitive policy briefs
- Peer review and expert feedback
- Case Study: Multilateral crisis negotiation exercise

Training Methodology

This course employs a participatory and hands-on approach to ensure practical learning, including:

- Interactive lectures and presentations.
- Group discussions and brainstorming sessions.
- Hands-on exercises using real-world datasets.
- Role-playing and scenario-based simulations.
- Analysis of case studies to bridge theory and practice.
- Peer-to-peer learning and networking.
- Expert-led Q&A sessions.
- Continuous feedback and personalized guidance.

Register as a group from 3 participants for a Discount

Send us an email: info@fineskilltrainingcenter.org or call *+254769199797*

Certification

Upon successful completion of this training, participants will be issued with a globally- recognized certificate.

Tailor-Made Course

We also offer tailor-made courses based on your needs.

Key Notes

a. The participant must be conversant with English.

b. Upon completion of training the participant will be issued with an Authorized Training Certificate

c. Course duration is flexible and the contents can be modified to fit any number of days.

d. The course fee includes facilitation training materials, 2 coffee breaks, buffet lunch and A Certificate upon successful completion of Training.

e. One-year post-training support Consultation and Coaching provided after the course.

f. Payment should be done at least a week before commence of the training, to Fineskill Training Center account, as indicated in the invoice so as to enable us prepare better for you.

Upcoming Scheduled Sessions

Start Date	End Date	Location	Price
23 Nov 2026	04 Dec 2026	Online	$2,000
23 Nov 2026	04 Dec 2026	Physical	$3,000
23 Nov 2026	04 Dec 2026	Physical	$6,000

Start Date	End Date	Location	Price
23 Nov 2026	04 Dec 2026	Physical	$6,000
23 Nov 2026	04 Dec 2026	Physical	$12,000
23 Nov 2026	04 Dec 2026	Physical	$9,000
23 Nov 2026	04 Dec 2026	Physical	$12,000
23 Nov 2026	04 Dec 2026	Physical	$12,000

Ready to enroll or request a customized program? Book online or contact us:

Register Online Now

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