Gender and HIV/AIDS Training Course

Professional Development Training Course Outline

Category	Gender Studies	**Duration**	5 Days
Base Fee	$1,500 USD	**Delivery Mode**	Online / On-site Hybrid

Course Introduction

Gender and HIV/AIDS Training Course is designed to equip professionals, policymakers, and community stakeholders with the knowledge and skills to address the complex intersections between gender dynamics and HIV/AIDS. This intensive program emphasizes gender-sensitive approaches, equity in healthcare access, and effective prevention strategies, ensuring participants can implement inclusive interventions that reduce stigma, empower vulnerable populations, and promote community resilience. With a strong focus on data-driven decision-making, behavioral change strategies, and evidence-based best practices, this course fosters the integration of gender perspectives in all aspects of HIV/AIDS programming.

This training leverages interactive methodologies, including case studies, participatory workshops, and scenario-based learning, to build practical skills for addressing the social, cultural, and structural factors that influence HIV vulnerability. Participants will explore gender norms, health disparities, intersectionality, and human rights frameworks while developing strategies for policy advocacy, community mobilization, and sustainable program design. By the end of the course, learners will be capable of designing gender-responsive HIV/AIDS interventions that maximize impact, foster inclusion, and support global HIV prevention and treatment targets.

Programme Curriculum

Gender and HIV/AIDS Training Course

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Course Duration

5 days

Course Objectives

By the end of this training, participants will be able to:

1. Analyze the gendered dimensions of HIV/AIDS transmission and prevalence.
2. Apply gender-sensitive strategies in HIV prevention and care programs.
3. Address stigma, discrimination, and social barriers affecting key populations.
4. Develop inclusive HIV/AIDS policies and advocacy frameworks.
5. Integrate human rights principles into HIV/AIDS interventions.
6. Strengthen community engagement and mobilization for gender equity.
7. Utilize data-driven monitoring and evaluation in gendered HIV programs.
8. Implement intersectional approaches addressing age, race, and socioeconomic factors.
9. Promote youth empowerment and adolescent-friendly services.
10. Enhance strategic communication for behavioral change.
11. Identify structural determinants of HIV vulnerability in different contexts.
12. Foster collaboration with healthcare providers and civil society.
13. Design sustainable and scalable HIV/AIDS programs with gender integration.

Target Audience

1. Public health professionals
2. HIV/AIDS program managers
3. Policy makers and government officials
4. Community-based organization staff
5. Gender specialists and advocates
6. Healthcare providers
7. Social workers and counselors
8. Researchers and academicians

Course Modules

Module 1: Gender and HIV/AIDS Overview

- Understanding gender roles and HIV vulnerability
- Global HIV/AIDS statistics and trends
- Gender norms affecting HIV transmission
- Socioeconomic factors and HIV risk

- Case Study: Gendered HIV prevalence in sub-Saharan Africa

Module 2: Biological and Social Determinants

- Gendered biological susceptibility
- Social determinants of health and HIV
- Intersection of gender, poverty, and HIV risk
- Role of education in prevention
- Case Study: Women’s vulnerability in urban slums

Module 3: Stigma, Discrimination, and Rights

- HIV-related stigma and discrimination
- Legal and human rights frameworks
- Gender-based violence and HIV risk
- Ethical considerations in care delivery
- Case Study: Legal interventions reducing stigma in Kenya

Module 4: Gender-Sensitive HIV Prevention

- Behavior change communication strategies
- Condom promotion and negotiation skills
- Male engagement and women empowerment
- Pre-exposure prophylaxis (PrEP) and awareness campaigns
- Case Study: Community-based prevention programs

Module 5: HIV Testing, Counseling, and Treatment

- Gender-responsive counseling techniques
- Access to antiretroviral therapy (ART)
- Adherence support strategies
- Addressing barriers to treatment
- Case Study: ART uptake among adolescent girls

Module 6: Policy, Advocacy, and Leadership

- Policy development for gender equity
- Advocacy strategies for marginalized groups
- Leadership in HIV/AIDS programming
- Resource mobilization and strategic partnerships
- Case Study: National gender-responsive HIV policy implementation

Module 7: Monitoring, Evaluation, and Data Analysis

- Gender-disaggregated data collection
- Indicators for program effectiveness
- Data interpretation and reporting
- Feedback loops for program improvement
- Case Study: Evaluating gender impact in HIV interventions

Module 8: Community Engagement and Sustainability

- Participatory approaches in program design

- Building community resilience
- Collaboration with local organizations
- Scaling up gender-responsive interventions
- Case Study: Sustainable community-led HIV programs

Training Methodology

This course employs a participatory and hands-on approach to ensure practical learning, including:

- Interactive lectures and presentations.
- Group discussions and brainstorming sessions.
- Hands-on exercises using real-world datasets.
- Role-playing and scenario-based simulations.
- Analysis of case studies to bridge theory and practice.
- Peer-to-peer learning and networking.
- Expert-led Q&A sessions.
- Continuous feedback and personalized guidance.

Register as a group from 3 participants for a Discount

Send us an email: info@fineskilltrainingcenter.org or call *+254769199797*

Certification

Upon successful completion of this training, participants will be issued with a globally- recognized certificate.

Tailor-Made Course

We also offer tailor-made courses based on your needs.

Key Notes

a. The participant must be conversant with English.

b. Upon completion of training the participant will be issued with an Authorized Training Certificate

c. Course duration is flexible and the contents can be modified to fit any number of days.

d. The course fee includes facilitation training materials, 2 coffee breaks, buffet lunch and A Certificate upon successful completion of Training.

e. One-year post-training support Consultation and Coaching provided after the course.

f. Payment should be done at least a week before commence of the training, to Fineskill Training Center account, as indicated in the invoice so as to enable us prepare better for you.

Upcoming Scheduled Sessions

Start Date	End Date	Location	Price

23 Nov 2026	27 Nov 2026	Online	$1,000
23 Nov 2026	27 Nov 2026	Physical	$1,500
23 Nov 2026	27 Nov 2026	Physical	$3,000
23 Nov 2026	27 Nov 2026	Physical	$3,000
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$4,500
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$6,000

Ready to enroll or request a customized program? Book online or contact us:

Register Online Now

Email: info@fineskilltrainingcenter.com | Website: www.fineskilltrainingcenter.com