Gender and Child Health Training Course

Professional Development Training Course Outline

Category	Gender Studies	**Duration**	5 Days
Base Fee	$1,500 USD	**Delivery Mode**	Online / On-site Hybrid

Course Introduction

Gender and Child Health is a critical interdisciplinary field that integrates gender equity, maternal and child health (MCH), public health systems, and social determinants of health to improve outcomes for vulnerable populations. Globally, gender disparities significantly influence access to healthcare, nutrition, immunization, and early childhood development, making it essential for practitioners to adopt gender-responsive, inclusive, and data-driven health interventions. Gender and Child Health Training Course equips participants with cutting-edge knowledge, policy frameworks, and practical tools to address gender-based inequities affecting child health outcomes.

In today's rapidly evolving healthcare landscape, achieving Universal Health Coverage (UHC), Sustainable Development Goals (SDGs), and health equity requires integrating gender-transformative approaches into child health programs. This training emphasizes evidence-based strategies, digital health innovations, community engagement, and intersectionality, enabling participants to design and implement impactful programs that improve child survival, growth, and well-being while addressing systemic gender barriers.

Programme Curriculum

Gender and Child Health Training Course

Introduction

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Course Duration

5 days

Course Objectives

1. Understand gender-responsive health systems strengthening
2. Analyze gender disparities in child morbidity and mortality
3. Apply intersectional frameworks in child health programming
4. Design inclusive maternal, newborn, and child health (MNCH) interventions
5. Integrate gender-sensitive data analytics in healthcare decision-making
6. Promote equitable access to immunization and nutrition services
7. Address gender-based violence and its impact on child health
8. Develop community-driven child health solutions
9. Utilize digital health technologies for gender equity
10. Strengthen policy advocacy for gender and child health
11. Monitor and evaluate gender-transformative health programs
12. Enhance health communication using gender-inclusive strategies
13. Build resilient and inclusive public health systems

Target Audience

1. Public health professionals
2. Healthcare providers (nurses, clinicians, pediatricians)
3. NGO and development practitioners
4. Policy makers and government officials
5. Gender and social inclusion specialists
6. Community health workers
7. Researchers and academicians
8. Program managers in health and development sectors

Course Modules

Module 1: Foundations of Gender and Child Health

- Concepts of gender, equity, and child health outcomes
- Social determinants of child health
- Gender norms and cultural influences
- Global frameworks (SDGs, UHC)
- Case Study: Gender disparities in child mortality in Sub-Saharan Africa

Module 2: Maternal, Newborn, and Child Health (MNCH)

- Continuum of care approach
- Antenatal and postnatal care equity
- Breastfeeding and maternal nutrition

- Gender barriers in maternal healthcare
- Case Study: Improving skilled birth attendance through gender-sensitive interventions

Module 3: Child Nutrition and Food Security

- Gender roles in child feeding practices
- Malnutrition and stunting analysis
- School feeding and community nutrition programs
- Nutrition-sensitive agriculture
- Case Study: Reducing stunting through women empowerment initiatives

Module 4: Immunization and Disease Prevention

- Gender gaps in immunization coverage
- Vaccine accessibility and community trust
- Child infectious diseases prevention
- Health system strengthening
- Case Study: Increasing vaccination uptake through gender-inclusive outreach

Module 5: Gender-Based Violence and Child Health

- Impact of GBV on child development
- Child protection systems
- Trauma-informed care
- Prevention strategies
- Case Study: Addressing domestic violence to improve child well-being

Module 6: Health Systems and Policy Integration

- Gender-responsive health policies
- Budgeting and resource allocation
- Health governance and accountability
- Policy advocacy tools
- Case Study: National gender policy integration in child health programs

Module 7: Digital Health and Data Analytics

- Use of **big data in child health**
- Gender-sensitive health indicators
- Digital tools for monitoring child health
- Data-driven decision-making
- Case Study: Mobile health (mHealth) improving maternal and child outcomes

Module 8: Community Engagement and Behavior Change

- Community-based health interventions
- Behavior change communication (BCC)
- Engaging men and boys in child health
- Cultural competency in healthcare delivery
- Case Study: Community-led initiatives improving child survival rates

Training Methodology

This course employs a participatory and hands-on approach to ensure practical learning, including:

- Interactive lectures and presentations.
- Group discussions and brainstorming sessions.
- Hands-on exercises using real-world datasets.
- Role-playing and scenario-based simulations.
- Analysis of case studies to bridge theory and practice.
- Peer-to-peer learning and networking.
- Expert-led Q&A sessions.
- Continuous feedback and personalized guidance.

Register as a group from 3 participants for a Discount

Send us an email: info@fineskilltrainingcenter.org or call *+254769199797*

Certification

Upon successful completion of this training, participants will be issued with a globally- recognized certificate.

Tailor-Made Course

We also offer tailor-made courses based on your needs.

Key Notes

a. The participant must be conversant with English.

b. Upon completion of training the participant will be issued with an Authorized Training Certificate

c. Course duration is flexible and the contents can be modified to fit any number of days.

d. The course fee includes facilitation training materials, 2 coffee breaks, buffet lunch and A Certificate upon successful completion of Training.

e. One-year post-training support Consultation and Coaching provided after the course.

f. Payment should be done at least a week before commence of the training, to Fineskill Training Center account, as indicated in the invoice so as to enable us prepare better for you.

Upcoming Scheduled Sessions

Start Date	End Date	Location	Price
23 Nov 2026	27 Nov 2026	Online	$1,000
23 Nov 2026	27 Nov 2026	Physical	$1,500
23 Nov 2026	27 Nov 2026	Physical	$3,000
23 Nov 2026	27 Nov 2026	Physical	$3,000

Start Date	End Date	Location	Price
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$4,500
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$6,000

Ready to enroll or request a customized program? Book online or contact us:

Register Online Now

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