Cultural Competence in Health Training Course

Professional Development Training Course Outline

Category	Public Health	**Duration**	5 Days
Base Fee	$1,500 USD	**Delivery Mode**	Online / On-site Hybrid

Course Introduction

Cultural Competence in Health Training Course is designed to equip healthcare professionals with the critical cultural intelligence, inclusive care skills, health equity awareness, and cross-cultural communication competencies required in today's diverse healthcare environments. As global migration increases and healthcare systems become more multicultural, the ability to deliver patient-centered care, culturally sensitive healthcare, and equitable medical services has become essential for improving patient outcomes and reducing health disparities.

This training program integrates modern frameworks such as social determinants of health, diversity and inclusion (D&I), unconscious bias reduction, and intercultural communication strategies to strengthen healthcare delivery. Participants will learn how to navigate complex cultural dynamics, improve trust with patients from diverse backgrounds, and implement equity-driven clinical practices that align with global health standards and WHO-recommended culturally responsive care models.

Programme Curriculum

Cultural Competence in Health Training Course

Introduction

Cultural Competence in Health Training Course is designed to equip healthcare professionals with the critical cultural intelligence, inclusive care skills, health equity awareness, and cross-cultural communication competencies required in today's diverse healthcare environments. As global migration increases and healthcare systems become more multicultural, the ability to deliver patient-centered care, culturally sensitive healthcare, and equitable medical services has become essential for improving patient outcomes and reducing health disparities.

This training program integrates modern frameworks such as social determinants of health, diversity and inclusion (D&I), unconscious bias reduction, and intercultural communication strategies to strengthen

healthcare delivery. Participants will learn how to navigate complex cultural dynamics, improve trust with patients from diverse backgrounds, and implement equity-driven clinical practices that align with global health standards and WHO-recommended culturally responsive care models.

Couse Duration

5 days

Course Objectives

1. Develop cultural competence in healthcare delivery systems
2. Enhance cross-cultural communication in clinical practice
3. Identify and reduce implicit bias in healthcare settings
4. Strengthen patient-centered care and engagement strategies
5. Apply health equity frameworks in medical decision-making
6. Improve understanding of social determinants of health (SDOH)
7. Build skills in diversity, equity, and inclusion (DEI) in healthcare
8. Foster intercultural sensitivity in patient interactions
9. Implement culturally responsive nursing and clinical care
10. Promote ethical healthcare communication across cultures
11. Integrate global health perspectives into local healthcare practice
12. Support inclusive healthcare policies and institutional practices
13. Improve patient trust through culturally adaptive healthcare systems

Target Audience

- Doctors, physicians, and medical specialists
- Nurses and midwives
- Hospital administrators and healthcare managers
- Public health professionals
- Medical students and interns
- Community health workers
- Mental health professionals and counselors
- NGO and humanitarian healthcare workers

Course Modules

Module 1: Foundations of Cultural Competence in Healthcare

- Definition of cultural competence in health systems
- Importance of diversity in healthcare delivery
- Cultural awareness vs cultural sensitivity
- Global health disparities overview
- Ethical principles in multicultural healthcare
- **Case Study:** Misdiagnosis due to cultural misunderstanding in emergency care

Module 2: Cross-Cultural Communication in Clinical Settings

- Verbal and non-verbal communication differences
- Language barriers and interpreter use
- Active listening in multicultural environments
- Building patient trust across cultures

- Communication breakdown prevention strategies
- **Case Study:** Language barriers affecting maternal healthcare outcomes

Module 3: Implicit Bias and Stereotype Reduction in Healthcare

- Understanding unconscious bias in medicine
- Impact of bias on diagnosis and treatment
- Tools for bias recognition and mitigation
- Ethical decision-making frameworks
- Reflective clinical practice techniques
- **Case Study:** Racial bias influencing pain management treatment

Module 4: Social Determinants of Health (SDOH)

- Income, education, and healthcare access
- Cultural beliefs affecting health behavior
- Environmental and social risk factors
- Community health inequality mapping
- Policy interventions for health equity
- **Case Study:** Urban slum healthcare access disparities

Module 5: Patient-Centered and Culturally Responsive Care

- Personalized care planning approaches
- Respecting cultural beliefs in treatment
- Shared decision-making models
- Family and community involvement in care
- Enhancing patient satisfaction metrics
- **Case Study:** Religious beliefs affecting surgical consent decisions

Module 6: Diversity, Equity & Inclusion (DEI) in Healthcare Systems

- Institutional DEI frameworks
- Inclusive healthcare policies
- Workforce diversity in hospitals
- Equity audits in healthcare systems
- Leadership roles in DEI implementation
- **Case Study:** Hospital improving outcomes through DEI reforms

Module 7: Global Health and Intercultural Healthcare Practices

- Comparative healthcare systems worldwide
- Migration and refugee health challenges
- Traditional medicine vs modern healthcare
- Cultural adaptation in global health programs
- International health guidelines integration
- **Case Study:** Refugee health integration in resettlement camps

Module 8: Ethical and Legal Aspects of Cultural Competence

- Patient rights across cultures
- Informed consent in diverse populations

- Medical ethics in multicultural care
- Confidentiality and cultural norms
- Legal frameworks for equitable healthcare
- **Case Study:** Ethical dilemma in end-of-life care across cultures

Training Methodology

This course employs a participatory and hands-on approach to ensure practical learning, including:

- Interactive lectures and presentations.
- Group discussions and brainstorming sessions.
- Hands-on exercises using real-world datasets.
- Role-playing and scenario-based simulations.
- Analysis of case studies to bridge theory and practice.
- Peer-to-peer learning and networking.
- Expert-led Q&A sessions.
- Continuous feedback and personalized guidance.

Register as a group from 3 participants for a Discount

Send us an email: info@fineskilltrainingcenter.org or call *+254769199797*

Certification

Upon successful completion of this training, participants will be issued with a globally- recognized certificate.

Tailor-Made Course

We also offer tailor-made courses based on your needs.

Key Notes

a. The participant must be conversant with English.

b. Upon completion of training the participant will be issued with an Authorized Training Certificate

c. Course duration is flexible and the contents can be modified to fit any number of days.

d. The course fee includes facilitation training materials, 2 coffee breaks, buffet lunch and A Certificate upon successful completion of Training.

e. One-year post-training support Consultation and Coaching provided after the course.

f. Payment should be done at least a week before commence of the training, to Fineskill Training Center account, as indicated in the invoice so as to enable us prepare better for you.

Upcoming Scheduled Sessions

Start Date	End Date	Location	Price

23 Nov 2026	27 Nov 2026	Online	$1,000
23 Nov 2026	27 Nov 2026	Physical	$1,500
23 Nov 2026	27 Nov 2026	Physical	$3,000
23 Nov 2026	27 Nov 2026	Physical	$3,000
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$4,500
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$6,000

Ready to enroll or request a customized program? Book online or contact us:

Register Online Now

Email: info@fineskilltrainingcenter.com | Website: www.fineskilltrainingcenter.com