Agile Fundamentals for Project Managers Training Course

Professional Development Training Course Outline

Category	Project Management	**Duration**	5 Days
Base Fee	$1,500 USD	**Delivery Mode**	Online / On-site Hybrid

Course Introduction

Agile project management has become a cornerstone for organizations seeking to deliver value rapidly, adapt to evolving customer requirements, and foster high-performing teams. Agile Fundamentals for Project Managers Training Course equips participants with practical knowledge of Agile frameworks, iterative planning, and adaptive execution techniques that enhance project outcomes. Participants will learn the principles of Agile, Scrum, Kanban, and Lean methodologies, and how to apply them to real-world projects to improve collaboration, stakeholder engagement, and delivery efficiency. The course emphasizes hands-on tools, metrics, and frameworks to effectively manage scope, risk, and quality in dynamic project environments.

In today’s fast-paced business landscape, traditional project management methods often struggle to respond to changing priorities, technological disruption, and market demands. This course provides project managers with the skills to implement Agile practices, lead cross-functional teams, and ensure continuous value delivery. Participants will explore Agile roles, ceremonies, backlog management, and performance measurement techniques that align projects with organizational goals while driving innovation, transparency, and accountability.

Programme Curriculum

Agile Fundamentals for Project Managers Training Course

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Course Objectives

1. Understand core Agile principles and mindset for project management.
2. Apply Scrum, Kanban, and Lean frameworks to real-world projects.
3. Manage iterative planning, sprints, and incremental delivery.
4. Develop effective product backlogs and prioritize work items.
5. Facilitate Agile ceremonies including daily stand-ups, sprint reviews, and retrospectives.
6. Enhance team collaboration, communication, and cross-functional coordination.
7. Use Agile metrics to monitor project performance and progress.
8. Identify and mitigate risks in dynamic project environments.
9. Align Agile practices with organizational strategy and business value.
10. Incorporate stakeholder engagement and feedback into project workflows.
11. Apply change management strategies to support Agile adoption.
12. Improve decision-making through continuous learning and retrospective insights.
13. Foster a culture of innovation, accountability, and high performance.

Organizational Benefits

- Accelerated project delivery and reduced time-to-market
- Improved adaptability to changing business requirements
- Enhanced cross-functional team collaboration and communication
- Increased transparency and visibility of project progress
- Improved product quality and stakeholder satisfaction
- Reduced project risk and better risk mitigation strategies
- Enhanced resource utilization and operational efficiency
- Stronger alignment between projects and organizational goals
- Increased employee engagement and ownership in project outcomes
- Establishment of a culture of continuous improvement and innovation

Target Audiences

- Project managers and program managers
- Scrum Masters and Agile coaches
- Project team leads and coordinators
- Portfolio managers and PMO staff

- Business analysts and product owners
- IT and software development managers
- Change management and process improvement professionals
- Consultants and trainers in project management

Course Duration: 5 days

Course Modules

Module 1: Introduction to Agile Project Management

- Overview of Agile principles, values, and mindset
- Comparison with traditional project management approaches
- Benefits and challenges of Agile adoption
- Key Agile terminologies and frameworks
- Understanding project life cycles in Agile
- Case Study: Transitioning a software project from Waterfall to Agile

Module 2: Scrum Framework Fundamentals

- Roles: Product Owner, Scrum Master, and Development Team
- Scrum artifacts: Product backlog, sprint backlog, and increment
- Scrum events: Sprint planning, daily stand-ups, sprint review, retrospective
- Managing sprints and iterations effectively
- Facilitating collaboration between Scrum roles
- Case Study: Implementing Scrum in a mid-sized IT project

Module 3: Kanban and Lean Principles

- Introduction to Kanban boards and workflow visualization
- Limiting work in progress (WIP) and managing flow
- Applying Lean principles to reduce waste and improve efficiency
- Metrics for monitoring Kanban performance
- Integrating Lean and Kanban in Agile project environments
- Case Study: Improving operational efficiency using Kanban in a service project

Module 4: Agile Planning and Backlog Management

- Creating and prioritizing product backlogs
- User stories, epics, and acceptance criteria
- Estimating effort using story points and planning poker
- Sprint planning and release management techniques
- Adapting plans based on feedback and changing priorities

- Case Study: Backlog prioritization for a product launch project

Module 5: Agile Metrics and Performance Monitoring

- Key performance indicators in Agile projects
- Measuring velocity, burn-down, and burn-up charts
- Tracking team progress and project health
- Using metrics for decision-making and continuous improvement
- Reporting and communicating Agile metrics to stakeholders
- Case Study: Using velocity and burn-down charts to improve delivery predictability

Module 6: Stakeholder Engagement and Communication

- Identifying stakeholders and understanding their needs
- Communication strategies for Agile teams
- Conducting effective sprint reviews and demos
- Gathering feedback for iterative improvements
- Managing expectations and building stakeholder trust
- Case Study: Engaging stakeholders during Agile adoption in a large enterprise

Module 7: Risk Management in Agile Projects

- Identifying and assessing risks in dynamic environments
- Agile risk mitigation techniques and adaptive planning
- Using iterative reviews to address emerging risks
- Incorporating risk management into daily stand-ups and retrospectives
- Balancing risk with value delivery in project decision-making
- Case Study: Managing risk in a multi-team Agile implementation

Module 8: Leading Agile Teams and Culture

- Coaching teams to adopt Agile mindset and behaviors
- Facilitating collaboration and high performance
- Managing conflicts and fostering psychological safety
- Encouraging innovation and continuous improvement
- Change management strategies for Agile transformation
- Case Study: Leadership interventions to enhance Agile maturity in an organization

Training Methodology

- Instructor-led interactive presentations

- Hands-on exercises and practical Agile simulations
- Group activities and collaborative workshops
- Real-world case study analysis and discussion
- Agile tools demonstrations and software applications
- Continuous assessment, feedback, and action planning

Register as a group from 3 participants for a Discount

Send us an email: info@fineskilltrainingcenter.org or call *+254769199797*

Certification

Upon successful completion of this training, participants will be issued with a globally- recognized certificate.

Tailor-Made Course

We also offer tailor-made courses based on your needs.

Key Notes

a. The participant must be conversant with English.

b. Upon completion of training the participant will be issued with an Authorized Training Certificate

c. Course duration is flexible and the contents can be modified to fit any number of days.

d. The course fee includes facilitation training materials, 2 coffee breaks, buffet lunch and A Certificate upon successful completion of Training.

e. One-year post-training support Consultation and Coaching provided after the course.
f. Payment should be done at least a week before commence of the training, to Fineskill Training Center account, as indicated in the invoice so as to enable us prepare better for you.

Upcoming Scheduled Sessions

Start Date	End Date	Location	Price
23 Nov 2026	27 Nov 2026	Online	$1,000
23 Nov 2026	27 Nov 2026	Physical	$1,500
23 Nov 2026	27 Nov 2026	Physical	$3,000
23 Nov 2026	27 Nov 2026	Physical	$3,000

Start Date	End Date	Location	Price
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$4,500
23 Nov 2026	27 Nov 2026	Physical	$6,000
23 Nov 2026	27 Nov 2026	Physical	$6,000

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